



ORGANIC SHATAVARI POWDER

NON GMO | VEGAN | RAW | GLUTEN FREE | CHEMICAL FREE



Net Weight: 1 lb (454 g)

ORGANIC SHATAVARI POWDER

Traditionally used for its rejuvenating properties, Shatavari is known as the "Queen of Herbs" in ancient Ayurvedic medicine. Shatavari is especially well-known for supporting the female reproductive system. Commonly used to support hormone balance, strengthen female fertility, and promote healthy lactation, Shatavari is also used to support mood, vitality, and mental clarity.

Suggested Use:

Mix ½ teaspoon (2 g) with water, juice, sprinkle on yogurt or add to your favorite smoothie.

Distributed by

Z Natural Foods
5407 N Haverhill Rd. Ste 336
West Palm Beach, FL 33407
www.ZNaturalFoods.com

Certified Organic by:
Baystate Organic Certifiers

Grown and Dried in India.
Packaged with Care in Florida, USA.

Supplement Facts

226 servings per container
Serving size 1/2 tsp (2g)

Amount Per Serving

Calories 0

% Daily Value*

Shatavari Root Powder 2000mg **

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

** Daily Value not established.

Ingredients:

Organic Shatavari Root

Lot#

Best Before:



California Prop 65 **WARNING:** Cancer and Reproductive Harm - www.P65Warnings.ca.gov/food