



Organic Senna Leaf Powder



Net Wt
1 lb (454 g)

Used in ancient Greek and Ayurvedic medicine, Senna may support a natural laxative effect. Just a small amount of Senna leaf powder in warm water can often help achieve a healthy bowel movement by promoting normal flow.

Suggested Use:

Used only for cases of acute constipation. Mix ½ to 1 teaspoon in 8 - 10 oz of warm water. If you have any questions about Senna and its uses please call us and ask to speak to our on staff Master Herbalist.

Distributed by:

Z Natural Foods
5407 N Haverhill Rd Ste 336
West Palm Beach, FL 33407

www.ZNaturalFoods.com

Certified Organic by:

Baystate Organic Certifiers

Grown and Harvested in India
Packaged with Care in Florida, USA



Supplement Facts

Serving Size 1/2 tsp (1.4 g)
Servings Per Container 323

Amount Per Serving

Calories 4 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Potassium 11mg 0%

Total Carbohydrate 1g 0%

Dietary Fiber 0g 0%

Sugars 0g

Added Sugars 0g 0%

Protein 0g 0%

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 3%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients:

Organic Senna Leaf Powder
(Senna Alexandrina)

Lot#
Best Before:



California Prop 65 **WARNING:** Cancer and Reproductive Harm - www.P65Warnings.ca.gov/food