



# **Mucuna Pruriens Extract Powder**

**(15% L-Dopa)**



**Net Wt**  
**1 lb (454 g)**

A natural source of L-Dopa, our Mucuna Pruriens Extract Powder is a 15% extract (3:1 ratio) meaning each serving contains a 15% concentration of L-Dopa. L-Dopa in mucuna is a precursor to the neurotransmitter dopamine an important brain chemical involved in mood and movement.

#### **Suggested Use:**

Begin by taking 1/4 teaspoon each day and if no negative reactions occur work up to 1 teaspoon daily. Mix with water, juice, yogurt, add to a smoothie, or infuse into a tea. Mucuna may work best when taken together with green tea extract.

#### **Distributed by:**

**Z Natural Foods**  
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[www.ZNaturalFoods.com](http://www.ZNaturalFoods.com)

Grown and Extracted in India  
Packaged with Care in Florida, USA



#### **Supplement Facts**

Serving Size 1/4 tsp (0.7 g)  
Servings Per Container 647

#### **Amount Per Serving**

**Calories 0**      Calories from Fat 0

**% Daily Value\***

L Dopa 105mg

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\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

\*\* Daily Value not established.

#### **Ingredients:**

Mucuna Pruriens Extract  
(Mucuna Pruriens)

Lot #

Best Before:



California Prop 65 **WARNING:** Cancer and Reproductive Harm - [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food)