



# LUO HAN GUO EXTRACT

25% Mogroside V



Net Weight:  
1 lb. (454 g)

## LUO HAN GUO EXTRACT

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Luo Han Guo is a fruit that contains sweet substances called mogroside V. Mogroside V is naturally much sweeter than sugar, but is non caloric and does not affect blood sugar levels. This makes Luo Han Guo a great alternative for those looking for a healthy sugar substitute. This extract contains 25% mogroside V.

### Suggested Use:

Use one scoop (1/16 teaspoon) in coffee, tea, smoothie or your favorite recipes. For recipes, one teaspoon of our Luo Han Guo Extract Powder is equal to about one cup of sugar.

### Distributed by

Z Natural Foods  
5407 N Haverhill Rd. Ste 336  
West Palm Beach, FL 33407  
[www.ZNaturalFoods.com](http://www.ZNaturalFoods.com)

Origin:

Packaged with Care in Florida, USA.



### Supplement Facts

5039 servings per container  
Serving size 1/16 tsp (90mg)

Amount Per Serving

**Calories** 0

% Daily Value\*

Luo Han Guo Ext 90mg

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\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\*\* Daily Value not established.

### Ingredients:

Luo Han Guo Extract  
(Monk Fruit)  
25% Mogroside V.

Lot#

Best Before:



California Prop 65 **WARNING:** Cancer and Reproductive Harm - [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food)