

Warning: For use by healthy adults only, not recommended for persons under the age of 18. Do not use if you are pregnant or nursing. Seek advice from a healthcare professional before taking if you have any preexisting medical condition to ensure it is safe to take this product. In case of accidental overdose, contact a poison control center immediately.

KEEP OUT OF THE REACH OF CHILDREN.

Suggested Use: As a dietary supplement, take four (4) capsules with 8-12 fl oz of water.



Distributed by: Huge Nutrition
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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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HUGE
NUTRITION

HUGE MULTI

HIGH PERFORMANCE MULTIVITAMIN[†]

VITAMIN & MINERAL REPLENISHMENT[†]
SUPPORTS IMMUNE SYSTEM[†]
SUPPORTS HEALTHY HORMONE LEVELS[†]

120 CAPSULES
DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving size: 4 capsules
Servings per container: 30

AMOUNT PER SERVING	%DV*
Vitamin A (as Beta Carotene)	1.78mg 198%*
Vitamin B1 (as Thiamin Mononitrate)	76mg 6333%*
Vitamin B2 (as Riboflavin)	76mg 5846%*
Vitamin B3 (as Niacinamide)	82mg 513%*
Vitamin B5 (as Pantothenic Acid)	76mg 1520%*
Vitamin B6 (as Pyridoxine HCl)	80mg 4706%*
Vitamin B7 (as Biotin)	300mcg 100%*
Vitamin B9 (as Folic Acid)	680mcg DFE 170%*
Vitamin B12 (as Methylcobalamin)	1mg 41667%*
Vitamin C (as Ascorbic Acid)	750mg 833%*
Vitamin D3 (as Cholecalciferol)	25mcg (5000IU) 1250%*
Vitamin E (as d-Alpha Tocopherol)	150mg 1000%*
Vitamin K1 (as Phytonadione)	120mcg 100%*
Vitamin K2 (as Menatetrenone 7)	120mcg 100%*
Calcium (as Calcium Citrate)	90mg 7%*
Iodine (as Potassium Iodine)	35mcg 23%*
Magnesium (as Magnesium Oxide)	60mg 14%*
Zinc (as Zinc Oxide)	24mg 218%*
Selenium (as Selenium Citrate)	1mcg 2%*
Copper (as Copper Gluconate)	84mcg 9%*
Manganese (as Manganese Amino Acid Chelate)	1mg 44%*
Choline (as Choline Bitartrate)	88.2mg 16%*
L-Taurine	225mg **
Ginger Extract (Zingiber officinale) (root) (std. to contain 5% Gingerols)	200mg **
Pine Bark Extract (Pinus pinaster) (bark)	200mg **
Inositol	125mg **
Alpha Lipoic Acid (ALA)	100mg **
Bromelain (Ananas comosus) (stem)	100mg **
Coenzyme Q10 (CoQ10) (Ubiquinone)	100mg **
Bioperine® (Black Pepper Fruit Extract)	5mg **
Lutein	1mg **
Lycopene	1mg **

Other Ingredients: Vegetable Cellulose (capsules), Silicon Dioxide, Magnesium Stearate.

*Daily Values based on a 2,000 calorie diet

**Daily Value Not Established

Bioperine® is a registered trademark of Sabinsa Corporation.