

Warning: For use by healthy adults only, not recommended for persons under the age of 18. Do not use if you are pregnant or nursing. Seek advice from a healthcare professional before taking if you have any preexisting medical condition to ensure it is safe to take this product. In case of accidental overdose, contact a poison control center immediately.

KEEP OUT OF THE REACH OF CHILDREN.

Suggested Use: As a dietary supplement, take one (1) scoop with 8-12 fl oz of water.



Distributed by: Huge Nutrition
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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FORMULA XII

INTRA & POST WORKOUT FORMULA

OPTIMIZE MUSCLE GROWTH*

MAXIMIZE RECOVERY*

INCREASE ENERGY & POWER*

NET WEIGHT: 95.4G (3.35OZ)

30 SERVINGS
DIETARY SUPPLEMENT



SUPPLEMENT FACTS

SERVING SIZE: 1 SCOOP (31.8G)

SERVINGS PER CONTAINER: 30

	Amount per Serving	%DV*
Magnesium (as Magnesium Citrate)	40 mg	10%*
Potassium (as Potassium Citrate)	150 mg	3%*
Cluster Dextrin® (highly branched cyclic Dextrin)	10 g	**
Creatine Monohydrate	5 g	**
WedCarb™	5 g	**
Beta Alanine	3.2 g	**
Isotaine Aspartate	3 g	**
L-Carnitine HCl	2 g	**
D-Ribose	1 g	**
Grape Seed Extract (Vitis vinifera)	125 mg	**
Total for 95% polyphenolics		
Alpha Lipoic Acid (ALA)	100 mg	**
BioPerine® (Black Pepper Fruit Extract)	5 mg	**

*Daily Values based on a 2,000 calorie diet

**Daily Value Not Established

Other ingredients: Silicon Dioxide, Natural & Artificial Flavors, Citric Acid, Acesulfame Potassium, Sucralose.

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WedCarb™ is a trademark of VDF FutureCeuticals, Inc., used under license.

BioPerine® is a registered trademark of Sabinsa Corporation.