

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, with a meal.

Warning: Biotin may interfere with certain blood tests. Wait at least 8 hours between biotin consumption and blood testing. Inform your health professional about all biotin-containing supplements you are taking. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about our
hypoallergenic supplements



Certified Gluten-Free by the
Gluten-Free Certification
Organization,
www.gluten.org

Use only if safety seal is
intact.

Contents may not fill package in order
to accommodate required labeling.
Please rely on stated quantity.



Biotin Complex Hair & Skin

*Enhanced biotin complex to support
healthy hair and skin**

Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement

60 CAPSULES

Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount Per Serving	%DV
Biotin (from magnesium biotinate)	10,000 mcg	33,333%
Lustriva® (inositol-stabilized arginine silicate, magnesium biotinate)	160 mg	*

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate

Lustriva

® Lustriva®, including the Lustriva logo, is a registered trademark of Nutrition21, LLC. Lustriva® is patent protected.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**
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code: **BCHS6**