

Suggested Usage: Take 1 capsule daily with food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. Pregnant or lactating women, the chronically ill, elderly, individuals under the age of 18, those taking prescription medications as well as those with a physician-diagnosed medical condition should consult with a physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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Formulated to Contain

NO Gluten
NO GMOs
NO Soy



CALIFORNIA **GOLD** NUTRITION®

Selenium

L-Selenomethionine

200 mcg

Yeast-Free

Essential Trace Mineral

180 Veggie Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 180

	Amount Per Serving	% Daily Value
Selenium (as L-Selenomethionine)	200 mcg	364%

Other Ingredients: Rice Flour, Modified Cellulose (Veggie Capsule), and Non-GMO Magnesium Stearate (Vegetable Source).

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.



All California Gold Nutrition® products come with a 100% GOLD Guarantee. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.