



# Pacific BioLogic

## Suggested Dosage

1-3 capsules 1-3 times daily. Take as needed according to the severity of symptoms or recommended by your healthcare provider.

## Caution

Do not take with pharmaceutical sedative drugs. If pregnant or nursing, consult your healthcare provider before using this, or any other product.

Store in a cool, dry place.

Do not refrigerate.

Calm & Clear is a proprietary formula of Pacific BioLogic Co. manufactured in an FDA compliant facility in the United States of America from imported and domestic ingredients.

POWERFUL TOOLS FOR GENTLE HEALING

# Calm & Clear

HERBAL SUPPLEMENT

500 mg / 60 Vegetarian Capsules

## Supplement Facts

Serving Size: 3 capsules

Servings Per Container: 20

Amount Per Tablet: 500 mg

%DV

### Proprietary Blend

|                                             |   |
|---------------------------------------------|---|
| Fo-ti stem (Ye Jiao Teng)                   | + |
| Gotu kola leaf                              | + |
| White peony root (Bai Shao)                 | + |
| Chinese skullcap root (Huang Qin)           | + |
| Lemon balm leaf                             | + |
| Passion flower                              | + |
| Valerian root                               | + |
| Chinese salvia root (Dan Shen)              | + |
| Grass-leaf sweetflag rhizome (Shi Chang Pu) | + |
| Polygala root (Yuan Zhi)                    | + |
| Tangerine peel (unripe) (Qing Pi)           | + |
| Schizandra fruit (Wu Wei Zi)                | + |

+ Daily Value not established.

Other Ingredients: Capsules of plant origin (Cellulose)



Manufactured for: Pacific BioLogic Co.  
Concord, CA. 94521 [www.PacificBioLogic.com](http://www.PacificBioLogic.com)  
To report a serious adverse event or obtain product information, contact (800) 869-8783



These statements have not been evaluated by the Food and Drug Administration. The product is not intended to diagnose, treat, cure, or prevent any disease.