

Suggested Usage: Take 2 softgels daily, with food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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CALIFORNIA **GOLD** NUTRITION®

**Prenatal
DHA**

For Pregnant & Nursing Mothers



Supports Prenatal Health*

Formulated to Contain



60 Fish Gelatin Softgels | Dietary Supplement

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving	% Daily Value for Pregnant & Lactating Women	
Calories	25	
Total Fat	2g	3%**
Cholesterol	10mg	3%
Choline (from 150 mg Alpha-Glycerophosphocholine)	60mg	11%
Total Omega-3 Fatty Acids	1240mg	†
DHA (Docosahexaenoic Acid)	900mg	†
EPA (Eicosapentaenoic Acid)	120mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Highly Refined & Concentrated Omega-3 Fish Oil, Softgel (Fish Gelatin, Vegetable Glycerin, Purified Water, Annatto Extract, Carob), Beeswax, Soy Lecithin, and Mixed Tocopherols.

Contains: Fish (Anchovy, Sardine, and Mackerel [Fish Oil], Catfish and Tilapia [Fish Gelatin]) and Soy

This product is not manufactured with milk, eggs, crustacean shellfish, tree nuts, peanuts, wheat or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.