

Suggested Usage: Take 1 capsule daily, with or without food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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CALIFORNIA **GOLD** NUTRITION®

L-Theanine

100mg

Supports Relaxation*

ALPHA WAVE®
THE CALMING WAVE

Formulated to Contain

NO Gluten
NO GMOs
NO Soy

30 Veggie Capsules
Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 30

	Amount Per Serving	%Daily Value
L-Theanine (AlphaWave®)	100mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Modified Cellulose (Veggie Capsule), and Silicon Dioxide (Silica).

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

Formulated with AlphaWave® L-Theanine.
AlphaWave® is a registered trademark of Ethical Naturals.