

**Suggested Use:** Take 2 capsules daily, with food. Best when taken as directed by a qualified healthcare professional.

**Warnings:** Keep out of reach of children. Pregnant or lactating women, the chronically ill, elderly, individuals under the age of 18, those taking prescription medications (e.g., blood thinners) as well as those with a physician-diagnosed medical condition should consult with a physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

**Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC



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CALIFORNIA GOLD NUTRITION®



# Hair Multivitamin

Supports Healthy Hair\*

Formulated Without:

- Gluten
- GMOs
- Soy

30 Capsules  
Dietary Supplement

BEADLETS IN CAPSULES



## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 15

	Amount Per Serving	%DV
Vitamin C (as Ascorbic Acid)	90 mg	100%
Thiamin (as Thiamine Mononitrate)	6 mg	500%
Riboflavin	6.5 mg	500%
Vitamin B6 (as Pyridoxine Hydrochloride)	5.1 mg	300%
Folate	680 mcg DFE (400 mcg Folic Acid)	170%
Biotin	5000 mcg	16,667%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	100%
Zinc (as Zinc Sulfate)	5.5 mg	50%
Copper (as Cupric Oxide)	2.7 mg	300%
Evening Primrose Oil (Std. to 10% Gamma-Linolenic Acid)	880 mg	†
Hydrolyzed Collagen	100 mg	†
L-Cysteine	10 mg	†
L-Lysine (as L-Lysine Hydrochloride)	10 mg	†
L-Methionine	10 mg	†
Hyaluronic Acid (as Sodium Hyaluronate)	1 mg	†

† Daily Value (DV) not established.

**Other Ingredients:** Gelatin (Capsule), Sugar, Polyvinylpyrrolidone, Vegetable Starch, Silicon Dioxide (Silica), and Microcrystalline Cellulose.

*Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.*