

Suggested Usage: Take 1 softgel daily, with food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F).

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated with Longvida® Optimized Curcumin. Longvida® is a trademark of Verdure Sciences, Inc. Longvida Patents: US9192644, EP1993365

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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CALIFORNIA GOLD NUTRITION® Curcumin UP™

Omega-3 Curcumin Complex
with Black Cumin Seed Oil,
Boswellia & Ginger

Supports Joint Mobility & Comfort*

Formulated to Contain

NO Gluten
NO GMOs
NO Soy

30 Fish Gelatin Softgels
Dietary Supplement



Supplement Facts

Serving Size 1 Softgel
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%**
Fish Oil Concentrate	572 mg	†
Total Omega-3 Fatty Acids	457 mg	†
Eicosapentaenoic Acid (EPA)	229 mg	†
Docosahexaenoic Acid (DHA)	172 mg	†
Turmeric Extract (<i>Curcuma longa</i>) (rhizome) (min. 20% Curcuminoids)	200 mg	†
Black Cumin Seed Oil (<i>Nigella sativa</i>)	200 mg	†
Boswellia Extract (<i>Boswellia serrata</i>) (gum resin) (min. 20% AKBA)	50 mg	†
Ginger Oleoresin Extract (<i>Zingiber officinale</i>) (rhizome)	25 mg	†

** Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Fish Gelatin Softgels (Gelatin, Glycerin, Purified Water, Sodium Copper Chlorophyllin), Yellow Beeswax, and Sunflower Lecithin.

Contains: Fish (Anchovy [Fish Oil]), (Tilapia and Carp [Fish Gelatin]).

This product is not manufactured with milk, eggs, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.