

Suggested Usage:

- For infants 6 months to 1 year: take 1/2 teaspoon daily.
 - For children 1 to 3 years: take 1 teaspoon daily.
 - For children 4 to 12 years: take 2 teaspoons daily.
- Shake well before use. Give directly or mix with your child's favorite drink.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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Formulated to Contain

NO Gluten
NO GMOs
NO Soy

Orange
Naturally
Flavored with
Other Natural
Flavors



CALIFORNIA GOLD NUTRITION®

Children's Liquid Calcium with Magnesium

Supports
Bone Health*

16 fl oz (473 mL)
Dietary Supplement



Supplement Facts

Serving Size 1/2 tsp (2.5 mL); 1 tsp (5 mL); 2 tsp (10 mL)

Servings Per Container About 189; 95; 47

Amount Per Serving	%DV Infants 6-12 mos	%DV Children 1-3 yrs	%DV Children 4-12 yrs
Calories	0	5	10
Total Carbohydrate	<1 g 1%	1 g 1%***	2 g 1%**
Total Sugars	<1 g †	1 g †	2 g †
Added Sugars	<1 g †	1 g 4%***	2 g 4%**
Vitamin D (as D3, Cholecalciferol)	0.85 mcg 9%	1.7 mcg 11%	3.4 mcg 17%
Calcium (as Calcium Magnesium Citrate Pentahydrate)	54 mg 21%	108 mg 15%	216 mg 17%
Magnesium (as Calcium Magnesium Citrate Pentahydrate and Trimagnesium Citrate)	19 mg 25%	38 mg 48%	76 mg 18%
Zinc (as Zinc Citrate)	0.35 mg 12%	0.7 mg 23%	1.4 mg 13%

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

*** Percent Daily Values (DV) are based on a 1,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Purified Water, Fructose, Vegetable Glycerin, Citric Acid, Natural Flavor, Xanthan Gum, Potassium Sorbate (as Preservative), and Polysorbate 80 (as Emulsifier).

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.



All California Gold Nutrition® products come with a 100% GOLD Guarantee. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.