

Suggested Usage: Mix 1 packet in 6-8 ounces of water or the beverage of your choice. For best results, mix in a blender bottle. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Aroma, color, consistency and taste may vary. Color shift is normal and cannot be avoided.

Sealed for your protection. Do not use if individually sealed packets are punctured or damaged. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated To Contain:



60 PACKETS - 0.24 oz (6.86 g) EACH
NET WT 14.5 oz (411.6 g)
Dietary Supplement

Notice: Use this product as a food supplement only. Do not use for weight reduction.



CALIFORNIA GOLD NUTRITION®

bone food™

BONE AND JOINT SUPPORT*
Unflavored

Supplement Facts

Serving Size 1 packet
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	20	
Protein	4 g	<1%**
Vitamin C (as Calcium Ascorbate)	60 mg	100%
Vitamin D (as D3, Cholecalciferol)	5 mcg	25%
Vitamin K (as K2, Menaquinone-7)	120 mcg	100%
Calcium (as Calcium Citrate)	250 mg	15%
Magnesium (as Magnesium Citrate)	75 mg	15%
Zinc (as Methionine-bound Zinc Complex)	2.75 mg	25%
Sodium	10 mg	<1%
Hydrolyzed Marine Collagen Peptides	5 g	†
Hyaluronic Acid (as Sodium Hyaluronate)	60 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Microcrystalline Cellulose.

Contains: Fish (One or more of the following: Cod, Haddock, Pollock)

This product is not manufactured with milk, eggs, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.



All California Gold Nutrition® products come with a 100% GOLD Guarantee. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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