

Suggested Usage: Mix 1 scoop (6.86 grams*) in 6-8 ounces of water or the beverage of your choice. For best results, mix in a blender bottle. Best when taken as directed by a qualified healthcare professional.

*6.86 grams per scoop is an average. Individual scooping technique may yield slightly less than or slightly more than 6.86 grams.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Aroma, color, consistency and taste may vary. Color shift is normal and cannot be avoided.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

THIS PRODUCT IS PACKAGED AND SOLD BY WEIGHT, NOT BY VOLUME. SETTLING OF CONTENTS OCCURS OVER TIME.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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Formulated to Contain

NO Gluten
NO GMOs
NO Soy

CALIFORNIA GOLD NUTRITION®



bone food™

BONE AND JOINT SUPPORT*

Unflavored

NET WT 14.5 oz (411.6 g)

Dietary Supplement

Notice: Use this product as a food supplement only. Do not use for weight reduction.



Supplement Facts

Serving Size 1 scoop (6.86 grams*)

Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	20	
Protein	4 g	<1%**
Vitamin C (as Calcium Ascorbate)	90 mg	100%
Vitamin D (as D3, Cholecalciferol)	5 mcg	25%
Vitamin K (as K2, Menaquinone-7)	120 mcg	100%
Calcium (as Calcium Citrate)	250 mg	19%
Magnesium (as Magnesium Citrate)	75 mg	18%
Zinc (as Methionine-bound Zinc Complex)	2.75 mg	25%
Sodium	10 mg	<1%
Hydrolyzed Marine Collagen Peptides	5 g	†
Hyaluronic Acid (as Sodium Hyaluronate)	60 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Microcrystalline Cellulose.

Contains: Fish (One or more of the following: Cod, Haddock, Pollock)

This product is not manufactured with milk, eggs, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.