

**Suggested Use:** Take 2 tablets twice daily, with food. Best when taken as directed by a qualified healthcare professional.

**Warnings: Keep out of reach of children.** Pregnant or lactating women, the chronically ill, elderly, individuals under the age of 18, those taking prescription medications (e.g., blood thinners) as well as those with a physician-diagnosed medical condition should consult with a physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

**Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated with K2VITAL® Menaquinone MK-7 and MBP® Milk Protein.

K2VITAL® is a registered trademark of Kappa Bioscience AS  
MBP® is a U.S. registered trademark of  
Megmilk Snow Brand Co., Ltd.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

Manufactured for: Madre Labs, LLC

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Formulated Without:

- Gluten
- GMOs
- Soy

CALIFORNIA GOLD NUTRITION®

bone boost™

SUPPORTS BONE HEALTH\*



120 Tablets  
Dietary Supplement



## Supplement Facts

Serving Size 4 Tablets  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	180 mg	200%
Vitamin D (as D3, Cholecalciferol)	10 mcg	50%
Calcium (as Calcium Citrate Malate, Calcium Bisglycinate, Calcium Ascorbate, and Calcium Fructoborate)	600 mg	46%
Magnesium (as Magnesium Malate)	250 mg	60%
Zinc (as Zinc Bisglycinate)	5.5 mg	50%
Copper (as Copper Bisglycinate)	0.9 mg	100%
Manganese (as Manganese Bisglycinate)	1.15 mg	50%
Potassium (as Potassium Glycinate)	94 mg	2%
Milk Protein (MBP®)	40 mg	†
Betaine Hydrochloride	20 mg	†
Silica [from Horsetail Extract ( <i>Equisetum arvense</i> ) (aerial part)]	5 mg	†
Boron (from Calcium Fructoborate)	4 mg	†
Vitamin K2 (as Menaquinone MK-7)	90 mcg	†

† Daily Value not established.

**Other Ingredients:** Organic Tapioca Maltodextrin, Stearic Acid, Croscarmellose Sodium, and Coating (Hydroxypropyl Methylcellulose, Pharmaceutical Glaze, Vegetable Glycerin, Hydroxypropyl Cellulose, Magnesium Stearate).

**Contains: Milk**

Not manufactured with eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.