

Suggested Use: Take 2 tablets twice daily, with food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. Pregnant or lactating women, the chronically ill, elderly, individuals under the age of 18, those taking prescription medications (e.g., blood thinners) as well as those with a physician-diagnosed medical condition should consult with a physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated with K2VITAL® Menaquinone MK-7 and MBP® Milk Protein.

K2VITAL® is a registered trademark of Kappa Bioscience AS
MBP® is a U.S. registered trademark of
Megmilk Snow Brand Co., Ltd.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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Formulated Without:
• Gluten
• GMOs
• Soy

CALIFORNIA **GOLD** NUTRITION®

bone boost™

SUPPORTS BONE HEALTH*



120 Tablets
Dietary Supplement



Supplement Facts

Serving Size 4 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	180 mg	200%
Vitamin D (as D3, Cholecalciferol)	10 mcg	50%
Calcium (as Calcium Citrate Malate, Calcium Bisglycinate, Calcium Ascorbate, and Calcium Fructoborate)	600 mg	46%
Magnesium (as Magnesium Malate)	250 mg	60%
Zinc (as Zinc Bisglycinate)	5.5 mg	50%
Copper (as Copper Bisglycinate)	0.9 mg	100%
Manganese (as Manganese Bisglycinate)	1.15 mg	50%
Potassium (as Potassium Glycinate)	94 mg	2%
Milk Protein (MBP®)	40 mg	†
Betaine Hydrochloride	20 mg	†
Silica [from Horsetail Extract (<i>Equisetum arvense</i>) (aerial part)]	5 mg	†
Boron (from Calcium Fructoborate)	4 mg	†
Vitamin K2 (as Menaquinone MK-7)	90 mcg	†

† Daily Value not established.

Other Ingredients: Organic Tapioca Maltodextrin, Stearic Acid, Croscarmellose Sodium, and Coating (Hydroxypropyl Methylcellulose, Pharmaceutical Glaze, Vegetable Glycerin, Hydroxypropyl Cellulose, Magnesium Stearate).

Contains: Milk

Not manufactured with eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.