

CALIFORNIA **GOLD** NUTRITION®

# Biotin

## 10,000 mcg

**90 Veggie Softgels**  
**Dietary Supplement**

Formulated to Contain

**NO** Gluten  
**NO** GMOs  
**NO** Soy



## Supplement Facts

Serving Size 1 Softgel

Servings Per Container 90

	Amount Per Serving	% Daily Value
Biotin (as d-Biotin)	10,000 mcg	33,333%

**Other Ingredients:** Safflower Oil, Veggie Softgel (Modified Vegetable Starch, Glycerin, Carrageenan, Purified Water), Rice Bran Wax, and Sunflower Lecithin.

*This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.*

**Suggested Usage:** This is a high potency Biotin product for those with higher Biotin needs and/or deficiency, as determined by a qualified healthcare professional. Consult with a qualified healthcare professional before using our Biotin. Healthy adults take one softgel daily with food. Do not exceed one softgel daily.

**Warnings: Keep out of reach of children.** Pregnant or lactating women, the chronically ill, elderly, individuals under the age of 18, those taking prescription medications (e.g., blood thinners) as well as those with a physician-diagnosed medical condition should consult with a physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

**Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F).**

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