

Suggested Use: Take 1 capsule daily, with food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. The Recommended Dietary Allowance (RDA) for Vitamin E may vary based on your age, gender, or individual health and wellness needs. It is recommended to consult with a qualified healthcare professional to determine your specific needs before using a high dose of Vitamin E especially if you are pregnant, nursing, have diagnosed medical conditions, or taking prescription medications. Consult with a physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

Formulated with **Crystal E® Vitamin E**.
Crystal E® is a registered trademark of Cocystal Pharmatech.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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CALIFORNIA **GOLD** NUTRITION®

Vitamin E

Bioactive Crystalline Form
335 mg

Formulated Without:

- Gluten
- GMOs
- Soy

30 Veggie Capsules
Dietary Supplement



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	%Daily Value
Vitamin E (as d-Alpha Tocopherol)	335 mg	2233%

Other Ingredients: Organic Gum Acacia, Modified Cellulose (Veggie Capsule), L-Proline, Calcium Carbonate, Silicon Dioxide (Silica), Magnesium Stearate, and Maltodextrin (0.6%).

Contains: Soy

Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.

All California Gold Nutrition® products come with a 100% **GOLD Guarantee**. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.