

DIRECTIONS: 1 capsule daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



PSYLLIUM HUSK

Supports Digestion[†]
Promotes Intestinal Health[†]

90 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	%Daily Value*
Psyllium (<i>Plantago ovata</i>) (husk)	500 mg	*

*Daily value not established.

Other ingredients: Microcrystalline cellulose, gelatin (capsule), magnesium stearate, silica.

ITEM: 989ND



NO SUGAR, WHEAT, SOY, MILK, ARTIFICIAL
COLORS, FLAVORS OR PRESERVATIVES

NON GMO - GLUTEN FREE

Distributed by Windmill Health Products®
10 Henderson Drive, West Caldwell, NJ 07006
www.windmillvitamins.com