

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

**MADE IN THE U.S.A. FROM GLOBALLY
SOURCED INGREDIENTS.**



B COMPLEX

with Choline & Inositol

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

ITEM: 134A ND



Balanced B Vitamin[†]
Promotes Energy Metabolism[†]

100 TABLETS
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin B1 (thiamin HCl)	5 mg	417%
Vitamin B2 (riboflavin)	5 mg	385%
Niacin (niacinamide)	50 mg	313%
Vitamin B6 (pyridoxine HCl)	5 mg	294%
Folate	170 mcg DFE (100 mcg folic acid)	43%
Vitamin B12 (cyanocobalamin)	25 mcg	1,042%
Biotin	25 mcg	83%
Pantothenic acid (D-calcium pantothenate)	20 mg	400%
Calcium (dicalcium phosphate)	60 mg	5%
Choline (choline bitartrate)	20 mcg	<1%
PABA (para-aminobenzoic acid)	40 mg	*
Inositol	50 mcg	*

*Daily value not established.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, magnesium stearate and coating (water, hypromellose, glycerine, talc, carnauba wax).

NO SUGAR, WHEAT, SOY, MILK, ARTIFICIAL
COLORS, FLAVORS OR PRESERVATIVES

NON GMO - GLUTEN FREE - VEGAN

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