

**DIRECTIONS:** Take 2 capsules daily with meals as a dietary supplement or as directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN.**  
Protect from heat, light & moisture.  
Store in a cool, dry place.  
Do not purchase if seal is broken.

**MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# ASHWAGANDHA

**BLUEPRINT STANDARDIZED HERBALS**

**Anxiety Relief<sup>†</sup>**  
**Stress Support<sup>†</sup>**

30 SERVINGS  
HERBAL SUPPLEMENT

60  
CAPSULES

## Supplement Facts

Serving Size: 2 Capsules / Servings Per Container: 30

	Amount Per Serving	% Daily Value
Ashwagandha ( <i>Withania somnifera</i> ) extract (root)	1,100 mg	*
Black pepper ( <i>Piper nigrum</i> ) (fruit)	10 mg	*

\*Daily value not established.

Other ingredients: Gelatin, magnesium stearate and silica.

ITEM: 789ND



**NO** SUGAR, WHEAT, SOY, MILK, ARTIFICIAL  
COLORS, FLAVORS OR PRESERVATIVES

**NON GMO - GLUTEN FREE**

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