

DIRECTIONS: Take 1 tablet 30 minutes before bedtime as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Timed Release
MELATONIN
10 mg

Awake Refreshed[†]
Supports Restful Sleep[†]

60 TABLETS
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Calcium (dicalcium phosphate)	60 mg	5%
Melatonin	10 mg	*

*Daily value not established.

Other ingredients: Dicalcium phosphate, stearic acid, microcrystalline cellulose, silica, hypromellose and magnesium stearate.

Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or nursing women, those with a medical condition and those taking medication. Do not drive or operate machinery when taking melatonin.

ITEM: 392ND



NO SUGAR, WHEAT, SOY, MILK, ARTIFICIAL
COLORS, FLAVORS OR PRESERVATIVES

NON GMO - GLUTEN FREE - VEGAN

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