

Vitamins to go!

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Each Sundown Naturals' VITAMINS TO GO® Packet For Men includes these important Nutrients:

- The Antioxidants Beta-Carotene, 400 IU Vitamin E and 300 mg Vitamin C
- B-Maxi Complex
- Zinc

Sundown Naturals' VITAMINS TO GO® is specially formulated to support:

- Reproductive Health*
- Healthy Heart & Circulation*
- Immune System Health*
- Muscle & Bone Health*
- Healthy Hair & Skin*
- Energy Metabolism*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions? Call toll free 1-888-VITAHELP (645-2435) or visit us at www.sundownnaturals.com

Manufactured by
REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

30 INDIVIDUAL DAILY PACKETS

Sundown Naturals' Vitamins to go!

Specially Formulated for MEN

TO SUPPORT:

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- Immune System Health*
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DIETARY
SUPPLEMENT

30 INDIVIDUAL DAILY PACKETS

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**Smart
Facts**

Sundown
Naturals' VITAMINS TO GO® makes it easy to stay healthy.* No need to guess the right dosage and no need to buy and store several different bottles. You have most of your nutrient needs in one convenient packet.

Sundown Naturals' VITAMINS TO GO® is perfect for anyone on the go. It is great for the daily morning rush, travelers, handy for the office, school or sports. Just take along the number of packets you will need and put them in your pocket or briefcase.

Sundown Naturals' VITAMINS TO GO® for Men is a special combination of nutrients men need to support good health.*

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Sundown's Vitamin E 400 IU (1 Softgel):

Vitamin E is an antioxidant that helps promote a healthy heart.* It helps fight cell-damaging free radicals in the body and works with Vitamin C and Beta-Carotene to provide antioxidant support.* Vitamin E helps maintain a healthy circulatory system.*

Sundown's B-Maxi Complex (1 Tablet):

The B Complex vitamins are essential in maintaining healthy nerves, skin and muscles.* They are required for the proper metabolism of carbohydrates, fats and proteins.*

Sundown's C-500® DV All Inclusive Complex (1 Tablet):

Vitamin C is essential for the growth and maintenance of tissues and organs.* Vitamin C acts as an antioxidant to help support healthy cells and body systems.* Vitamin C is vital to the production of collagen and provides the support necessary for proper cardiovascular function.*



Sundown's Beta-Carotene (1 Softgel):

As a source of Vitamin A, this important antioxidant helps support cellular health.* It contributes to healthy eyes and skin.* Beta-Carotene also promotes healthy immune function.*

Sundown's Zinc (1 Tablet):

Essential for cell division, repair and growth, Zinc also works with the immune system and supports healthy reproductive function.*

Supplement Facts

Serving Size 1 Packet

Amount Per Serving	%Daily Value
Calories	5
Total Carbohydrate	<1 g <1%**
Vitamin A (100% as Beta-Carotene)	10,000 IU 200%
Vitamin C (as Ascorbic Acid)	300 mg 500%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	400 IU 1,333%
d-Alpha Tocopherol plus dl-Beta, dl-Gamma and dl-Delta Tocopherols	30 mg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	15 mg 1,000%
Riboflavin (Vitamin B-2)	17 mg 1,000%
Niacin (as Nicotinamide)	200 mg 1,000%
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg 1,000%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	60 mcg 1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg 1,000%
Calcium (as Calcium Phosphate)	66 mg 7%
Phosphorus	51 mg 5%
Zinc (as Zinc Gluconate)	25 mg 167%
Sodium	5 mg <1%
Stofwonder Blend	82 mg
Citrus Bioflavonoids (Citrus sinensis) (fruit) and (Citrus limon) (fruit),***	
Rose Hips,*** Rutin,*** Acerola Extract 4:1 (Malpighia glabra and/or Malpighia pterocarpa) (fruit)***	
Vitamin Co-Factor Blend	3 mg
Choline Bitartrate,*** Para-Aminobenzoic Acid (PABA),*** Inositol***	
***Percent Daily Values are based on a 2,000 calorie diet.	
**Daily Value not established.	

Other Ingredients: Vegetable Cellulose, Gelatin, Vegetable Glycerin, Stearic Acid, Calcium Stearate, Corn Oil, Vegetable Magnesium Stearate, Silica, Yellow Beeswax, Vegetable Stearic Acid, Titanium Dioxide, Color, Soy Lecithin, FD&C Yellow No. 5 Lake, FD&C Yellow No. 6 Lake.

Directions: For adult men, take one (1) packet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

No Artificial Flavors or Sweeteners, No Preservatives, No Sugar, No Salt, No Lactose, No Gluten, No Fish, No Shellfish, No Yeast.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF OUTER WRAP IS TORN OR MISSING.



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