

DIRECTIONS: Take 2 capsules daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

Warnings: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

ITEM: 204ND



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**WINDMILL
NATURAL VITAMINS®**

PRENATAL MULTI

for Pregnant & Nursing Moms



**WELLNESS
HEALTH†**



**PREGNANT
SUPPORT†**



**BABY
DEVELOPMENT†**

60 CAPSULES | 30 SERVINGS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules / Servings Per Container: 30

	Amount Per Serving	%Daily Value For pregnant/ lactating women
Vitamin A (retinyl acetate and 50% beta-carotene)	1,200 mcg	92%
Vitamin C (ascorbic acid)	72 mg	60%
Vitamin D (cholecalciferol)	20 mcg	133%
Vitamin E (d-alpha-tocopheryl succinate)	20 mg	105%
Vitamin B1 (thiamin HCl)	1.4 mg	100%
Vitamin B2 (riboflavin)	2 mg	125%
Niacin (niacinamide)	20 mg NE	111%
Vitamin B6 (pyridoxine HCl)	2 mg	100%
Folate	612 mcg DFE (360 mcg folic acid)	102%
Vitamin B12 (cyanocobalamin)	2.8 mcg	100%
Biotin	17.5 mcg	50%
Pantothenic acid (d-calcium pantothenate)	7 mg	100%
Iron (carbonyl iron)	28 mg	104%
Iodine (potassium iodide)	290 mcg	100%
Magnesium (magnesium oxide)	100 mg	25%
Zinc (zinc oxide)	13 mg	100%
Copper (copper oxide)	1.3 mg	100%
Choline (choline bitartrate)	550 mg	100%

Other ingredients: Gelatin capsule (bovine gelatin, titanium dioxide, FD&C Red #40) and magnesium stearate.



**SUGAR, WHEAT, SOY, MILK, ARTIFICIAL
FLAVORS OR PRESERVATIVES**

NON GMO - GLUTEN FREE

Distributed by Windmill Health Products®
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