

DIRECTIONS: Take 1 softgel daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†The statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



COD LIVER OIL

Supplement Facts

Serving Size: 1 Softgel

	Amount Per Serving	%Daily Value†
Vitamin A (retinyl palmitate)	402 mcg	45%
Vitamin D (cholecalciferol)	10.25 mcg	51%
Cod Liver Oil	200 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.
Contains fish (cod).

ITEM: 164ND



Heart Health[†]
Supports Strong Bones[†]

100 SOFTGELS
DIETARY SUPPLEMENT

NO SUGAR, WHEAT, SOY, MILK, ARTIFICIAL
COLORS, FLAVORS OR PRESERVATIVES

NON GMO - GLUTEN FREE

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