

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



Sustained Release **B COMPLEX 50**

**General Health[†]
Promotes Energy[†]**

60 TABLETS
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin B1 (thiamin HCl)	50 mg	4,167%
Vitamin B2 (riboflavin)	50 mg	3,846%
Niacin (niacinamide)	50 mg	313%
Vitamin B6 (pyridoxine HCl)	50 mg	2,941%
Folate	170 mcg DFE (100 mcg folio acid)	43%
Vitamin B12 (cyanocobalamin)	50 mcg	2,083%
Biotin	50 mcg	167%
Pantothenic acid (D-calcium pantothenate)	50 mg	1,000%
Calcium (dicalcium phosphate)	100 mg	8%
Choline (choline bitartrate)	50 mg	9%
Inositol	50 mg	-
PABA (para-aminobenzoic acid)	30 mg	-
Base Blend:	1 mg	-
Alfalfa leaf, parsley leaf, rice bran, soy lecithin, watercress leaf		

*Daily Value not established.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, silica, vegetable stearin and coating (hypromellose, glycerine, carnauba wax, talc).

NO SUGAR, WHEAT, MILK, ARTIFICIAL
COLORS, FLAVORS OR PRESERVATIVES

NON GMO - GLUTEN FREE - VEGAN

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