

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

!WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

Caution: Niacin may cause temporary flushing, itching, tingling, feelings of warmth and headache. Contact a physician if these symptoms persist.

ITEM: 078ND



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.


**WINDMILL
NATURAL VITAMINS®**

DAILY ONE

for Women

Multivitamin & Mineral Formula



**WELLNESS
HEALTH[†]**



**WOMENS
HEALTH[†]**



**IMMUNE
HEALTH[†]**

100 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (beta-carotene)	750 mcg	83%
Vitamin C (ascorbic acid)	75 mg	83%
Vitamin D (cholecalciferol)	25 mcg	125%
Vitamin E (dl-alpha-tocopherol succinate)	7.5 mg	50%
Vitamin K (phytonadione)	25 mcg	21%
Vitamin B1 (thiamin mononitrate)	1.2 mg	100%
Vitamin B2 (riboflavin)	1.3 mg	100%
Niacin	16 mg NE	100%
Vitamin B6 (pyridoxine HCl)	1.7 mg	100%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B12 (cyanocobalamin)	6 mcg	250%
Biotin	1,000 mcg	3,333%
Pantothenic acid (D-calcium pantothenate)	5 mg	100%
Calcium (calcium carbonate)	380 mg	29%
Iron (ferrous fumarate) ‡	18 mg	100%
Iodine (potassium iodide)	150 mcg	100%
Zinc (zinc citrate)	8 mg	73%
Selenium (selenomethionine)	27.5 mcg	50%
Copper (copper gluconate)	0.9 mg	100%
Manganese (manganese gluconate)	1.8 mg	78%
Chromium (chromium nicotinate glycinate chelate)	25 mcg	71%

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica and coating (wax & hypromellose, glycerine, talc, camphor wax)

NO SUGAR, WHEAT, SOY, MILK, ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

NON GMO - GLUTEN FREE

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