

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN. Protect from heat, light & moisture. Store in a cool, dry place. Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.


**WINDMILL
NATURAL VITAMINS.**

DAILY ONE

for Men

Multivitamin & Mineral Formula

ITEM: 077ND



60 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (retinyl acetate & 14% beta-carotene)	1,000 mcg	111%
Vitamin C (ascorbic acid, sodium ascorbate & ascorbyl palmitate)	60 mg	67%
Vitamin D (ergocalciferol)	17.5 mcg	88%
Vitamin E (dl-alpha-tocopheryl acetate)	10 mg	67%
Vitamin K (phytonadione)	20 mcg	17%
Thiamin (thiamin mononitrate)	1.3 mg	108%
Riboflavin	1.7 mg	131%
Niacin (niacinamide)	18 mg	113%
Vitamin B6 (pyridoxine HCl)	3 mg	176%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B12 (cyanocobalamin)	18 mcg	750%
Biotin	75 mcg	250%
Pantothenic acid (D-calcium pantothenate)	16 mg	320%
Calcium (calcium carbonate, dicalcium phosphate & tricalcium phosphate)	210 mg	16%
Magnesium (magnesium oxide)	140 mg	33%
Zinc (zinc oxide)	15 mg	136%
Selenium (sodium selenate)	110 mcg	200%
Copper (copper oxide)	2 mg	222%
Manganese (manganese sulfate)	2 mg	87%
Chromium (chromium chloride)	120 mcg	343%
Lycopene	300 mcg	

*Daily value not established.

NO SUGAR, WHEAT, SOY, MILK, ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

NON GMO - GLUTEN FREE - VEGAN

Distributed by Windmill Health Products[®]
10 Henderson Drive, West Caldwell, NJ 07006
www.windmillvitamins.com

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica and coating (hypromellose, glycerine, carnauba wax, talc)