

A Good Gut Feeling

Probiotic Supports:

- + Microbiome Balance[‡]
- + Digestion[‡]
- + Enhanced Immune Function[‡]
- + Skin Health[‡]

We create essential health supplements formulated for the modern woman's everyday needs. Her Own is women's wellness, evolved.

Vegan • Non Gmo • Gluten Free • Soy Free
No Synthetic Colors or Preservatives



[‡]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Inulin

Prebiotic fiber that encourages the right balance of good bacteria for women[‡]

11 Strain Probiotic Blend

Specially formulated for women with 5 billion CFUs to help support digestive balance[‡]



herown.com

Made in USA from globally sourced ingredients



probiotic

light & clean

rebalancing women's probiotic with 11 strains, 5 billion CFUs and prebiotic fiber for healthy digestion[‡]

Dietary Supplement
30 Servings / 30 Capsules

Directions: Take 1 capsule daily.

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	%Daily Value
Inulin (fructooligosaccharide prebiotic fiber)	300 mg	*
Probiotic Blend (5 Billion CFU) [†]	100 mg	*
<i>Lactobacillus plantarum</i> <i>Lactobacillus acidophilus</i> <i>Lactobacillus rhamnosus</i> <i>Enterococcus faecium</i> <i>Bifidobacterium bifidum</i> <i>Lactobacillus casei</i> <i>Lactobacillus gasseri</i> <i>Bifidobacterium longum</i> <i>Lactobacillus paracasei</i> <i>Streptococcus thermophilus</i> <i>Lactobacillus helveticus</i>		

* Daily value not established.
[†] At time of production

Other ingredients: hypromellose (capsule), microcrystalline cellulose, magnesium stearate, silica.

- Keep out of reach of children.
- Store in a cool, dry place.
- Protect from heat, light and moisture.
- Do not use if seal is broken.

@herownnutrition

Distributed by:
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