

Wake Up & Go

Cleanse Supports:

- + Regularity[†]
- + Digestion[†]
- + Detoxification[†]

We create essential health supplements formulated for the modern woman's everyday needs. Her Own is women's wellness, evolved.

Vegan • Non Gmo • Gluten Free • Soy Free
No Synthetic Colors or Preservatives



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Milk Thistle

For liver support[†]

Red Clover

Removes impurities from the body[†]

Cleansing Herbal Blend

Relieves bloating and helps maintain regularity[†]



herown.com

Made in USA from globally sourced ingredients

her
OWN™

cleanse

detox & regulate

time for a reset - this herbal blend supports the body's natural detoxification process[‡]

Dietary Supplement
30 Servings / 60 Capsules

Directions: Take 2 capsules daily before bedtime.

Supplement Facts

Serving Size: 2 Capsules / Servings Per Container: 30

	Amount Per Serving	%Daily Value
Milk Thistle extract (80% silymarin)(160 mg Silymarin)	200 mg	*
Detox Blend (Red Clover, Fenugreek, Artichoke, Calcium-D-Glucarate)	100 mg	*
Ocean Cleanse Complex (Spirulina and Chlorella)	50 mg	*
Cleansing Herbal Blend (Ginger Root, Parsley, Senna extract, Cascara Sagrada extract, Fennel extract, Oatstraw extract, Licorice root, Peppermint Leaf, Cranberry fruit extract, Garlic extract)	225 mg	*
Prebiotic/Probiotic Blend (Inulin, Bacillus subtilis)(500 million CFU)	100 mg	*

*Daily Value (DV) not established. † At time of manufacture.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, magnesium stearate, silica.

- Keep out of reach of children.
- Store in a cool, dry place.
- Protect from heat, light and moisture.
- Do not use if seal is broken.

  @herownnutrition

Distributed by:
Windmill Health Products®
10 Henderson Drive
West Caldwell, NJ 07006

