

Burn Baby Burn

Boost Supports:

- + Energy[‡]
- + Metabolism[‡]
- + Weight Management[‡]

We create essential health supplements formulated for the modern woman's everyday needs. Her Own is women's wellness, evolved.

Vegan • Non Gmo • Gluten Free • Soy Free
No Synthetic Colors or Preservatives



‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Chromium

Supports fat metabolism & energy efficiency[‡]

Green Tea

Increases energy[‡]

Thermogenic Blend

Our proprietary blend that supports weight management[‡]



herown.com

Made in USA from globally sourced ingredients

her
OWN™

boost

burn & energize

your triple threat -
supercharge your metabolism,
increase energy and help
control cravings[‡]

Dietary Supplement
30 Servings / 60 Capsules

Directions: Take 1 capsule in the morning and 1 capsule in the afternoon.

Supplement Facts

Serving Size: 2 Capsules / Servings Per Container: 30

	Amount Per Serving	%Daily Value
Chromium (as chromium amino acid chelate and chromium picolinate)	100 mcg	286%
Green Tea Leaf Extract (<i>Camellia sinensis</i>) (leaf) extract (98% polyphenols, 45% EGCG)	500 mg	*
Boost Proprietary Thermogenic Blend:	150 mg	*
Cayenne pepper (<i>Capsicum annuum</i>) (fruit), Green coffee (<i>Coffea arabica</i>) (bean) extract, (standardized for 45% Chlorogenic acid) (50 mg caffeine), Conjugated Linoleic Acid (CLA), L-Carnitine Tartrate		

*Daily Value (DV) not established.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, magnesium stearate, silica.

- Keep out of reach of children.
- Store in a cool, dry place.
- Protect from heat, light and moisture.
- Do not use if seal is broken.



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Distributed by:
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