









MUSHROOM SUPERFOOD

ORGANIC OATMILK CREAMER

WITH LION'S MANE EXTRACT

SUPPORTS -

MEMORY* FOCUS* NERVE HEALTH*

MEXICAN CHOCOLATE

CHOCOLATE & CINNAMON WITH OTHER NATURAL FLAVORS

NON-DAIRY COFFEE CREAMER

DIETARY SUPPLEMENT













THE SUPERFOODIE OF SUPERFOODS

Enjoy organic, dairy-free Om oatmilk creamer in your coffee, tea or favorite hot beverage. It contains naturally occurring beta glucans and other bioactive ingredients that help support immune, gut and brain health. With its chocolate & cinnamon oaty taste, it's a great way to add a little indulgence and health benefits to your day.*



ZERO CHOLESTEROL

Enjoy the natural goodness of cholesterol-free oats in combination with a healthy diet and regular exercise.‡

THE SMART MUSHROOM

Mushrooms contain many unique nutrients that can't be found in animal or plant sources alone.

Lion's Mane has been used for centuries to aid brain health because of its naturally occurring nootropic compounds that help support memory, focus, nerve health, creativity and mood.\$\frac{1}{2}\$

LION'S MANE EXTRACT

To ensure a clean, high quality extract, a hot water-only extraction method is used with no carriers or preservatives. Each serving is certified organic, non-GMO, vegan and kosher.‡

P What's a beta glucan? Find out at OmMushrooms.com





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Supplement Facts

Serving Size 1 scoop (approx. 4.6g) Servings Per Container 100

	Amount Per Serving	% DV
Calories	15	
Total Fat	2g	3%*
Total Carbohydrate	3g	<1%*
Total Sugars	1g	†
Includes Og Added Sugars		0%*
Sodium	50mg	2%

Extract Powder 500mg (Std. to 45% beta glucans)

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value Not Established.

Other Ingredients: Organic Oatmilk Powder, Organic Dutch Cocoa Powder (alkalized), Organic Cinnamon Powder, Sea Salt.

SCOOP. MIX. ENJOY YOUR DAILY RITUAL.

Add 1 level scoop (approx. 4.6g) or more to your coffee, tea or favorite hot beverage. Allow a couple of minutes for the oatmilk powder to dissolve, then stir well or blend and enjoy!



TIP: Since we don't use additives, a quick massage of the bag may help to break up any clumps, and for best results, use a hand frother to blend the powder in the liquid.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Store in a cool, dry place.



Produced by: M2 Ingredients 5931 Priestly Dr. #101, Carlsbad, CA 92008 Distributed by: Om Mushroom Superfood 5931 Priestly Dr. #101, Carlsbad, CA 92008



CERTIFIED ORGANIC BY ORGANIC CERTIFIERS





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