



Om

MUSHROOM
SUPERFOOD

MUSHROOM
**MASTER
BLEND**

**10 MUSHROOM SPECIES
3 BOTANICAL ADAPTOGENS**
FOR OPTIMAL PERFORMANCE & VIBRANT HEALTH

CERTIFIED ORGANIC
WHOLE FOOD MUSHROOMS + BOTANICALS
DIETARY SUPPLEMENT POWDER



Grown in
the USA

NET WT. 90g (3.17 oz)



OM MASTER BLEND

Supercharge your daily health with Om's unique Mushroom Master Blend. 10 species of organic mushroom mycelial biomass and fruit body powder containing a full spectrum of naturally occurring active compounds, plus our proprietary organic Reishi whole food extract standardized to 35% Beta Glucans, plus organic botanical adaptogens. It's a powerful master blend for vibrant health[†].

LION'S MANE: Supports memory, focus, clarity and nerve health[†]

REISHI: Helps manage occasional physical and mental stress[†]

CORDYCEPS: Helps elevate energy, vitality and endurance[†]

TURKEY TAIL: One of the most researched functional mushrooms for immune health support[†]

CHAGA: Helps outsmart free radicals for healthy aging at any age[†]

KING TRUMPET: Contains master antioxidant L-Ergothioneine a naturally occurring amino acid found only in a few sources[†]

MAITAKE: Helps support gut health and healthy blood sugar[†]

ANTRODIA CAMPHORATA: Researched for its immune and liver health support[†]

SHIITAKE: Not just a tasty culinary mushroom! This mushroom has many functional benefits including detox support[†]

AGARICUS BLAZEI: Sometimes called the Mushroom of Life. Known for its high content of polysaccharide compounds[†]

BOTANICAL ADAPTOGENS: Astragalus, Ginkgo biloba, and Holy Basil used in traditional medicine to help manage occasional stress, inflammation and support immune health, cognitive health and energy levels[†]

More Ideas

@ommushrooms &
OmMushrooms.com

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Store in a cool, dry place.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

[†]See Supplement Facts

Supplement Facts

Serving Size: 2.6 grams (approx. 1 level scoop)
Servings Per Container: 34

	Amount Per Serving	% DV [†]
Calories	10	
Certified Organic Mushroom Powder Blend:	2g	†
Organic Lion's Mane (<i>Herichium erinaceus</i>) mycelial biomass & fruit body, Organic Reishi (<i>Ganoderma lucidum</i>) mycelial biomass & fruit body, Organic Cordyceps (<i>Cordyceps militaris</i>) mycelial biomass & fruit body, Organic Turkey Tail (<i>Trametes versicolor</i>) mycelial biomass & primordia, Organic Chaga (<i>Inonotus obliquus</i>) mycelial biomass & primordia, Organic King Trumpet (<i>Pleurotus eryngii</i>) mycelial biomass & fruit body, Organic Maitake (<i>Grifola frondosa</i>) mycelial biomass & primordia, Organic Antrodia (<i>Antrodia camphorata</i>) mycelial biomass, Organic Shiitake (<i>Lentinula edodes</i>) mycelial biomass & fruit body and Organic Himematsutake (<i>Agaricus blazei</i>) mycelial biomass & primordia.		
Certified Organic Reishi (<i>Ganoderma lucidum</i>) Extract:	300mg	†
(std. to 35% Beta Glucans)		
Certified Organic Adaptogen Blend:	300mg	†
Organic Astragalus Root Powder, Organic Ginkgo biloba Leaf Powder, Organic Holy Basil Leaf Powder		

[†] Daily Value (DV) Not Established

Other Ingredients: Organic Myceliated Oats.

For more information, please visit OmMushrooms.com

SCOOP. STIR. OMMM YOUR DAILY RITUAL.
Add 2.6 grams (approx. 1 level scoop) to super your smoothie, mushroom your matcha, boost your coffee, or nourish your recipes.

Produced by: M2 Ingredients Carlsbad, CA 92008
Distributed by: Om Mushroom Superfood
5931 Priestly Dr. #101, Carlsbad, CA 92008



CERTIFIED ORGANIC
BY ORGANIC CERTIFIERS



CERTIFIED KOSHER
BY EARTH KOSHER



8 56210 00897 4