

## ADAPTOGEN POWERHOUSE

Supercharge your daily health with this curated blend of 10 species of US grown, whole food mushroom powder, plus organic Reishi whole food extract standardized to 35% Beta Glucans. Also included are botanical adaptogens to help further manage occasional stress, inflammation, and support immune health, cognitive health and energy levels.  
**It's a powerful master blend for vibrant health.†**



Mental Clarity†



Gut Health†



Immune Defense†



Natural Energy†



Manage Stress†



Detox Support†

### WE GROW OUR OM.

We grow a diverse range of mushroom species at our indoor farm in California and capture the complete nutritional value of the growing cycle. Whole food mushrooms are important because they provide a full spectrum of active compounds to support optimal health.†



Scan code to learn more

- ✓ Whole Food Nutrition
- ✓ Beta Glucans and Prebiotics
- ✓ Tested for Heavy Metals

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



20  
DAY SUPPLY

MUSHROOM  
SUPERFOOD

Om®

MUSHROOM  
MASTER BLEND

10 MUSHROOM SPECIES  
3 BOTANICAL ADAPTOGENS  
FOR OPTIMAL PERFORMANCE & VIBRANT HEALTH†

DAILY BOOST CAPSULES

DIETARY SUPPLEMENT



GLUTEN FREE



VEGAN



USA GROWN  
MUSHROOMS

80 VEGETABLE  
CAPSULES



Suggested Use: Take four (4) capsules per day with a glass of water.

## Supplement Facts

Serving Size 4 capsules  
Servings Per Container 20

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Amount Per Serving | % DV |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|------|
| Certified Organic Mushroom Powder Blend                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 2g                 | †    |
| Organic Lion's Mane ( <i>Hericium erinaceus</i> ) mycelial biomass & fruit body, Organic Reishi ( <i>Ganoderma lucidum</i> ) mycelial biomass & fruit body, Organic Cordyceps ( <i>Cordyceps militaris</i> ) mycelial biomass & fruit body, Organic Turkey Tail ( <i>Trametes versicolor</i> ) mycelial biomass & primordia, Organic Chaga ( <i>Inonotus obliquus</i> ) mycelial biomass & primordia, Organic King Trumpet ( <i>Pleurotus eryngii</i> ) mycelial biomass & fruit body, Organic Maitake ( <i>Grifola frondosa</i> ) mycelial biomass & primordia, Organic Antrodia ( <i>Antrodia camphorata</i> ) mycelial biomass, Organic Shiitake ( <i>Lentinula edodes</i> ) mycelial biomass & fruit body, and Organic Himematsutake ( <i>Agaricus blazei</i> ) mycelial biomass & primordia. |                    |      |
| Certified Organic Reishi ( <i>Ganoderma lucidum</i> ) Extract (std. to 35% Beta Glucans)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 300mg              | †    |
| Certified Organic Adaptogen Blend                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 300mg              | †    |
| Organic Astragalus Root Powder, Organic Ginkgo biloba Leaf Powder, Organic Holy Basil Leaf Powder                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                    |      |

† Daily Value (DV) Not Established

**Other Ingredients:** Vegetable Cellulose (capsules), Organic Myceliated Oats. Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Keep out of reach of children. Store in a cool, dry place.

Produced for: M2 Ingredients, 5931 Priestly Dr. #101 Carlsbad, CA 92008

Distributed by: Om Mushroom Superfood, 5931 Priestly Dr. #101 Carlsbad, CA 92008

\*See Supplement Facts



CERTIFIED KOSHER  
BY EARTH KOSHER



KETO-FRIENDLY



PALEO-FRIENDLY

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