

DIRECTIONS: FOR ADULTS, TAKE TWO (2) CAPSULES DAILY, PREFERABLY ON AN EMPTY STOMACH. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving		%Daily Value
L-Theanine	200 mg	**
Herbal Blend	425 mg	**
Chamomile (<i>Matricaria recutita</i>) (flower), Lemon Balm (<i>Melissa officinalis</i>) (herb), Lavender Extract (<i>Lavandula officinalis</i>) (aerial)		

**Daily Value not established.

Other Ingredients: Gelatin, Dicalcium Phosphate, Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com



Sundown
Naturals

L-THEANINE

Stress Formula

with Calming Blend

**Supports a Calm,
Relaxed Mood***

60 CAPSULES

DIETARY SUPPLEMENT

Smart Facts

L-Theanine is the active natural phytochemical found in Japanese green tea. Sundown Naturals Stress Formula supports a calm and relaxed mood.* Traditional herbs lemon balm, lavender and chamomile balance this unique formula.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.



Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

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