



**LAKE AVENUE**<sup>™</sup>  
**NUTRITION**

# Vitamin D3

Cholecalciferol

125 mcg (5,000 IU)

**Supports Immune  
 & Bone Health\***

Dietary  
 Supplement

**360 Softgels**

**Suggested Use:** Take 1 softgel every 2 days with food, or as recommended by a Healthcare Practitioner.

**Formulated Without:** *GMOs, Gluten or Porcine Gelatin.*

**Warnings:** **Keep out of reach of children.** Do not use with other high dose Vitamin D products. As with all dietary supplements, it is recommended to consult with a healthcare professional before adding something new to your health and wellness regimen.

**Sealed for your protection, do not use if seal is missing or broken. Store in a cool, dry place.**

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



## Supplement Facts

Serving Size 1 Softgel  
 Servings Per Container 360

	Amount Per Serving	%Daily Value
Vitamin D (as D3, Cholecalciferol) (from Lanolin)	125 mcg (5,000 IU)	625%

**Other Ingredients:** Extra Virgin Olive Oil and Softgel Capsule (bovine gelatin, glycerin, water).

*Not manufactured with milk, egg, fish, shellfish, peanuts, wheat, soy or gluten. Produced in a third-party GMP facility that may process other products that contain these allergens or ingredients.*

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