

DIRECTIONS: FOR ADULTS, TAKE ONE (1) MICROLOZENGE AT BEDTIME AS MELATONIN MAY PRODUCE DROWSINESS. PLACE MICROLOZENGE UNDER TONGUE FOR 30 SECONDS BEFORE SWALLOWING. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Microlozenge

Amount Per Serving	%Daily Value
Melatonin	5 mg **

**Daily Value not established.

Other Ingredients: Mannitol, Croscopovidone, Vegetable Stearic Acid, Natural Cherry Flavor. **Contains <2% of:** Beet Juice Color, Malic Acid, Sucralose, Vegetable Magnesium Stearate.

No Artificial Flavor, No Preservatives, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18.

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Sundown
Naturals

Quick Dissolve...

Melatonin

5 MG

Cherry
Flavor 

Supports
Restful Sleep*



VEGETARIAN FORMULA

90 MICROLOZENGES DIETARY SUPPLEMENT

Smart Facts

Occasional sleeplessness can affect anyone – young or old. Sundown Naturals delicious cherry flavored Quick Dissolve Melatonin is an exceptional choice for people experiencing occasional sleeplessness, those with jet lag, or those seeking to improve their quality of rest.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.



Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com



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