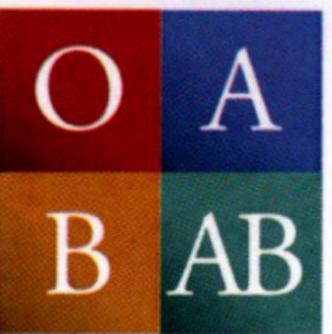


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EXAKTA™

Multi-Vitamin Supplement



Right 4 All Blood Types

Dr. Peter D'Adamo

120 VEGGIECAPS

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 60

Amount Per Serving	%DV†	Amount Per Serving	%DV†
Vitamin A (100% as Beta Carotene) from Dunaliella salina)	312.5 IU 6	Manganese (from Manganese Citrate) 0.5 mg 25	
Vitamin C (from Acerola Berry) 37.5 mg 62		Chromium (from Chromium Polynicotinate) 12.5 mcg 10	
Vitamin D (Cholecalciferol) 37.5 IU 9		Molybdenum (from Sodium Molybdate) 7.5 mcg 10	
Thiamin (from Thiamin HCl) 3.75 mg 250		Chloride (from Sodium Chloride) 5 mg < 1	
Riboflavin 5 mg 294		Sodium (from Sodium Chloride) 3 mg < 1	
Niacin (as Niacin and Niacinamide) 2.5 mg 12		Potassium (from Potassium Aspartate) 49.5 mg < 2	
Vitamin B6 (from Pyridoxine HCl) 5 mg 250		Proprietary Blend 161 mg *	
Folic Acid 400 mcg 100		Contains: Arabinogalactan (from <i>Larix occidentalis</i> Resin), Berry Concentrate Blend [Contains 4:1 Fruit Extracts of Elderberry (<i>Sambucus canadensis</i>), Black Cherry (<i>Prunus serotina</i>), and Blueberry (<i>Vaccinium spp.</i>)], Citrus Bioflavonoids, Cranberry Fruit (from <i>Vaccinium marcocarpion</i>), Green Tea Standardized Extract (from <i>Camilla sinensis</i> Leaf, standardized to 50% Polyphenol Content), Omega 3 Blend [from Fish Oil, contains EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid)], and PABA (Para-Aminobenzoic Acid).	
Vitamin B12 (from Methylcobalamin) 7.5 mcg 125			
Biotin 200 mcg 66			
Pantothenic Acid (from D-Calcium Pantothenate) 5 mg 50			
Calcium (Seaweed Extract, Derived from <i>Lithothamnium corallinoides</i> and <i>Lithothamnium calcareum</i>) 150 mg 15			
Iron (from Ferrous Succinate) 9 mg 50			
Iodine (from Potassium Iodide) 37.5 mcg 25			
Magnesium (from Magnesium Citrate) 50 mg 12			
Zinc (from Zinc Picolinate) 7.5 mg 50			
Selenium (from L-Selenomethionine) 5 mcg 7			
Copper (from Copper Gluconate) 0.5 mg 25			

† - % Daily Value * - Daily Value Not Established

Other Ingredients: Vegetable Cellulose, Magnesium Trisilicate, Magnesium Stearate, Vegetable Stearate, and Silica.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

Manufactured in the USA for:
North American Pharmacal, Inc
213 Danbury Road, Wilton, CT 06897
Visit our website at www.4yourtype.com
or call 1-877-226-8973

Exakta™

Designed by Dr. Peter D'Adamo as a multi-vitamin supplement for children and adults, and for use during pregnancy. This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: 2 (two) capsules twice daily, as a dietary supplement, or as directed by physician.