



Sports Nutrition

Creamy Chocolate

WHEY PROTEIN ISOLATE

25g Protein from Whey | 0g Sugar

No Artificial Flavors | No rBST Hormones

NET WT. 2 LB (907g)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Suggested Use: Add 1 level scoop daily to 8 oz. of cold water, milk, or a beverage of your choice. Stir or blend.

Lake Avenue Nutrition™ Whey Protein Isolate Creamy Chocolate Flavor

- Branched-Chain Amino Acids (BCAAs)
- No rBST Hormones
- No Artificial Colors or Flavors
- Formulated without: GMOs, Gluten, or Soy

Warnings: Keep out of reach of children. Use this product as a food supplement only. Do not use for weight reduction.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place.

Lake Avenue Nutrition™ is a trademark of Madre Labs, LLC

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Nutrition Facts

About 27 servings per container

Serving size 1 Level Scoop (33g)

Amount per serving
Calories 120

% Daily Value*

Total Fat 0.5g <1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 85mg 4%

Total Carbohydrate 2g <1%

Dietary Fiber 2g 7%

Total Sugars 0g

Includes 0g Added Sugars 0%

Xylitol <1g

Protein 25g

Vitamin D 0mcg 0%

Calcium 160mg 10%

Iron 1.3mg 8%

Potassium 216mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whey Protein Isolate, Cocoa, Natural Flavors, Xanthan Gum, Xylitol, Organic Stevia Leaf Extract, Sea Salt, and Sunflower Lecithin.

CONTAINS: MILK

Not manufactured with eggs, fish, shellfish, peanuts, wheat, soy or gluten. Produced in a third-party cGMP facility that may process other products that contain these ingredients.

Typical Amino Acid Profile (Example) (Per Serving)**

Essential Amino Acids	mg Per Serving
L-Histidine	372
L-Isoleucine***	1,591
L-Leucine***	2,909
L-Lysine	2,756
L-Methionine	480
L-Phenylalanine	733
L-Threonine	2,247
L-Tryptophan	537
L-Valine***	1,671

Non-Essential Amino Acids

L-Alanine	1,384
L-Arginine	506
L-Aspartic Acid	2,807
L-Cysteine	594
L-Glutamic Acid	5,468
Glycine	404
L-Proline	1,601
L-Serine	1,350
L-Tyrosine	251

**Subject to Natural Variability

***Branched-Chain Amino Acid