

Suggested Use: Take 2 tablets daily with food, or as recommended by a Healthcare Practitioner.

Formulated Without: GMOs, Gluten or Soy.

Warnings: Keep out of reach of children. As with all dietary supplements, it is recommended to consult with a healthcare professional before adding something new to your health and wellness regimen.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Formulated with TRACCS™ Magnesium Bisglycinate. TRAACS™ is a trademark of Balchem Corp. or Albion Labs.



LAKE AVENUE®
NUTRITION

Magnesium Bisglycinate Chelate

with **TRAACS**

**Supports Nervous
System & Muscle
Relaxation***

60 Tablets

**Dietary
Supplement**

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

	Amount Per Serving	%Daily Value
Magnesium (from 2,000 mg Magnesium Bisglycinate)	200 mg	48%

Other Ingredients: Stearic Acid, Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide (Silica), Hydroxypropyl Methylcellulose, Hydroxypropyl Cellulose Gum Acacia, Confectioner's Glaze, and Cellulose Coating.

Not manufactured with milk, egg, fish, shellfish, peanuts, tree nuts, wheat, soy, sesame, or gluten. Produced in a third-party cGMP facility that may process other products that contain these allergens or ingredients.

Lake Avenue Nutrition® is a registered trademark of Madre Labs, LLC

Manufactured for: Madre Labs, LLC

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