

Suggested Use: Take 2 tablets daily with food, or as recommended by a qualified healthcare professional.

Formulated Without: Gluten, GMOs or Soy

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Formulated with TRAACS® Magnesium Bisglycinate. TRAACS® is a registered trademark of Albion Laboratories, Inc.

Magnesium Bisglycinate Chelate

with TRAACS®

Supports Nervous System
& Muscle Relaxation*



LAKE AVENUE®
NUTRITION

Dietary Supplement 240 Tablets

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 120

	Amount Per Serving	%Daily Value
Magnesium (from 2,000 mg Magnesium Bisglycinate Chelate)	200 mg	48%

Other Ingredients: Stearic Acid, Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide (Silica), Hydroxypropyl Methylcellulose, Hydroxypropyl Cellulose, Gum Acacia, Confectioner's Glaze, and Cellulose Coating.

Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.

Lake Avenue Nutrition® is a registered trademark of Madre Labs, LLC

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