

# #TRUSTD®

For more than 20 years, more than 20 million people like you have trusted Detoxify® because it works.

The herbs, fiber, vitamins and minerals in READY CLEAN® support the 4 Factors of Full System Cleansing®:

- Cleansing herbs promote the production of urine and support liver, kidney and urinary system functions.\*
- Fruit fiber supports digestive system function and health.\*
- Contains ingredients that support circulatory system function.\*
- Vitamins and minerals replenish nutrients lost during intensive cleansing.\*

## Directions for Use:

Follow these simple steps and you will notice READY CLEAN's impact on your body's natural cleansing process.\*

1. Pick your day for using your READY CLEAN for intensive cleansing.
2. Shake the READY CLEAN well and drink entire contents of the bottle.
3. Wait 15 minutes. Refill the READY CLEAN bottle with water — shake and drink.
4. Frequent urination (3-4 times) indicates that you are experiencing optimal cleansing with READY CLEAN.\*
5. You may drink 16 oz of water every 2 hours after using READY CLEAN to extend your cleansing benefits throughout the day.

## Additional Information:

- READY CLEAN is intended for periodic intensive cleansing that is a part of an ongoing cleansing routine.\*
- For best results, use Detoxify's PreCleansing products for 2 days prior to using READY CLEAN.
- Eat light meals, including fruits, vegetables and fiber during your cleansing program.
- Pregnant or breastfeeding women should consult their physician before using this product. READY CLEAN is not intended for children.

FOR MORE INFORMATION  
800-338-6948 • [www.Detoxify.com](http://www.Detoxify.com)

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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REV 04/11/18



DIETARY SUPPLEMENT

16 fl oz (473mL)

**Grape Flavor**  
with other natural flavors

## Supplement Facts

**Serving Size:** One Bottle (473 mL / 16 fl oz)

|                                                                                                      | Amount<br>Per<br>Serving | % Daily<br>Value |
|------------------------------------------------------------------------------------------------------|--------------------------|------------------|
| Calories                                                                                             | 100                      |                  |
| Total Carbohydrate                                                                                   | 22 g                     | 7%**             |
| Sugars                                                                                               | 21 g                     | †                |
| Vitamin A (as Retinyl Palmitate)                                                                     | 1250 IU                  | 25%              |
| Vitamin D (as Cholecalciferol)                                                                       | 100 IU                   | 25%              |
| Thiamin (as Thiamine Hydrochloride)                                                                  | 0.4 mg                   | 25%              |
| Riboflavin                                                                                           | 0.4 mg                   | 25%              |
| Niacin (as Niacinamide)                                                                              | 5 mg                     | 25%              |
| Vitamin B6 (as Pyridoxine HCl)                                                                       | 0.5 mg                   | 25%              |
| Folate (as Folic Acid)                                                                               | 100 mcg                  | 25%              |
| Vitamin B12 (as Cyanocobalamin)                                                                      | 1.5 mcg                  | 25%              |
| Biotin (as d-Biotin)                                                                                 | 75 mcg                   | 25%              |
| Pantothenic Acid (as D-Calcium Pantothenate)                                                         | 2.5 mg                   | 25%              |
| Calcium (as Calcium Lactate Gluconate)                                                               | 100 mg                   | 10%              |
| Magnesium (as Magnesium Chelate)                                                                     | 40 mg                    | 10%              |
| Zinc (as Zinc Gluconate)                                                                             | 3.8 mg                   | 25%              |
| Selenium (as L-Selenomethionine)                                                                     | 17.5 mcg                 | 25%              |
| Manganese (as Manganese Chelate)                                                                     | 0.5 mg                   | 25%              |
| Chromium (as Chromium Polymucinate)                                                                  | 30 mcg                   | 25%              |
| Sodium                                                                                               | 95 mg                    | 4%               |
| Fruit Pectin                                                                                         | 86 mg                    | †                |
| Proprietary Herb Blend                                                                               | 1 g                      | †                |
| Burdock Root Extract, Milk Thistle Seed Extract, Stinging Nettle Leaf Extract, Uva Ursi Leaf Extract |                          |                  |
| Creatine Monohydrate                                                                                 | 500 mg                   | †                |

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

Other Ingredients: Reverse Osmosis Water, Fructose, Grape Flavor (with other natural flavors), Citric Acid, Sodium Benzoate (Preservative), and Potassium Sorbate (Preservative), Red 40, Blue 1. Detoxify cleansing formulas are manufactured for: Detoxify, LLC, 3539 N 27th Ave, Suite 356D, Phoenix, AZ 85017 USA, 800-338-6948