

Are you having difficulty losing weight? An imbalance of serotonin levels may be to blame, since it can disturb mood, sleep, and appetite.

PureBalance™ Serotonin includes **5-HTP**, the ingredient the body uses to make serotonin, whose effects are enhanced with ingredients for:

- Weight control: **Relora®** can reduce stress and stress-related eating.*
- Stress management: **Rhodiola rosea** helps the body adapt to stress, while **L-theanine** increases the generation of relaxing alpha brain waves.*
- Mood support: Insufficient **vitamin D** may negatively affect mood, while **Rhodiola rosea** promotes a positive outlook.*
- Sleep support: **L-theanine** encourages your transition to alpha brain waves of relaxation.*

Combined with a healthy diet and plenty of exercise, PureBalance Serotonin gives you the support you need to cheer up and slim down.*

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



QUALITY OF LIFE®

MOOD, STRESS,
HEALTHY WEIGHT*

PureBalance™
Serotonin
with 5-HTP, Relora® & L-theanine

Reduces stress & stress-related eating*
Promotes a positive outlook*
Balances serotonin & cortisol levels*

90 CAPSULES | DIETARY SUPPLEMENT

SUGGESTED USE: 1 capsule three times daily before meals.

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 90

Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol)	6.675 mcg 33%*
5-HTP (L-5 hydroxytryptophan) (from <i>Griffonia simplicifolia</i>) (seed)	33 mg †
L-theanine	67 mg †
Relora® proprietary blend Magnolia officinalis bark extract Phellodendron amurense bark extract	250 mg †
Rhodiola extract (root) (Standardized for 5% rosavins [6 mg])	120 mg †

*Percent values are based on a 2,000-calorie diet.

† Daily value not established.

Other ingredients: vegetable cellulose, pregelatinized food starch, croscarmellose, silica, leucine.

This product is suitable for vegetarians and is gluten-free.

WARNING: DO NOT USE IF SEAL IS BROKEN OR MISSING. Keep out of reach of children. Store at room temperature. Consult your healthcare professional before use if you are pregnant or lactating, have or had a medical condition, or are taking prescription drugs.



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