People who experience occasional sleeplessness generally fall into three camps: those who have trouble falling asleep, those who have difficulty sleeping through the night, and those who wake earlier than desired. Multiple human studies have shown that melatonin

a hormone that helps regulate the sleep-wake

cycle - can reduce the time it takes to fall asleep.

However, because regular melatonin leaves the

system within four hours, it does not help those

MicroActive® Melatonin, which is made with a

special sustained release matrix that releases

Melatonin-SR™ is the answer! It features

who wake during the night or early in the morning.



SLEEP

**Melatonin-SR** 

Helps you fall asleep quickly\* Helps you stay asleep until dawn\*

SUPPORT\*

Gradual release into the bloodstream

7-hour sustained release

† Daily value not established Other ingredients; vegetable cellulose, I-leucine, camauba

SUGGESTED USE: 1 vegicap before bed.

Amount Per Serving

wax, sodium alginate

as MicroActive® Melatonin

Melatonin

Supplement Facts

MicroActive® is a registered trademark of BioActives, LLC.

% Daily Value

WARNING: DO NOT USE IF SEAL IS BROKEN OR MISSING Keep out of reach of children. Store at room temperature Consult your healthcare professional before use if you are

pregnant or lactating, have or had a medical condition, are taking prescription drugs. QOL Labs, LLC

melatonin slowly over 7 hours, helping you fall asleep, stay asleep, and wake up refreshed. "THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUM
ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT CURE, OR PREVENT ANY DISEASE