

## **Supplement Facts**

Serving Size: 5g (1 packet) Servings Per Container: 30

9	Amount Per Serving	% Daily Value*
Calories	10	
Total Carbohydrate	2 g	1%
Dietary Fiber	2 g	7%
Total Sugars	0 g	
Includes 0g Added Sugars	.11776	0%
Vitamin A (as Vitamin * Palmitate)	150 mcg	17%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (as Cholecalciferol)	2.5 mcg	13%
Vitamin E (d-Alpha Tocopheryl Succinate)	6.7 mg	45%
Niacin (as Niacinamide)	25 mg	156%
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride)	5 mg	294%
Folate (as Folic Acid)	150 mcg	38%
Vitamin B <sub>12</sub> (as Methylcobalamin)	100 mcg	4167%
Calcium (as Calcium Citrate)	40 mg	3%
Iron (as Ferrous Fumarate)	5 mg	28%
lodine (as Potassium Iodine)	50 mcg	33%
Magnesium (as Magnesium Citrate)	40 mg	10%
Zinc (as Zinc Citrate)	5 mg	45%
Manganese (as anganese Citrate)	2 mg	87%
Chromium (as Chromium Polynicotinate)	65 mcg	186%
Potassium (as Potassium Citrate)	100 mg	2%
Performance Elite Blend	920 mg	**

Thermobutyrate™ (Chlorogenic-butyrate), Phosphatidylcholine (from Sunflower Lecithin), ASHWITH™ (Ashwagandha (Withania somnifera) NLT 12 % Withanolides), Green Tea Extract (Cameilia sinensis), and African Mango Extract (Irvingia gabonensis).

SuperShe Hormone Renew

544 mg

Siberian Ginseng Root Extract (*Eleutherococcus senticosus*), Stinging Nettle (*Urtica dioica*), Chasteberry Fruit Extract (*Vitex agnus-castus*), Fenugreek Seed Powder (*Trigonella foenum-graecum*), Maca Root Powder (*Lepidium meyenli*), Dong Quai Root Powder (*Angelica sinensis*), Basil Powder (*Ocimum tenuiflorum*), Rhosiola Rosea Extract, Cranberry Extract (*Vaccinium subg. Oxycoccus*), and Berberine Hydrochloride.

Other Ingredients: Inulin, Citric Acid, Glycine, Natural Flavors, Beet Juice (For Color), and Sucralose.

Suggested usage: As a dietary supplement, mix 5g ( packet) with 16oz of water or as directed by your healthcare provider.

This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

<sup>\*</sup>Percent Values are based on a 2,000 calorie diet

<sup>\*\*</sup>Daily Value not established.