

SUGGESTED USE For best results and optimum absorption, consume the contents of one packet (6 capsules) with food – preferably a complete meal. Because this product is mild and non-acidic, you can consume all 6 identical capsules at one time with a meal or simply divide them throughout the day with food. **For answers to questions about the use of this product call 800.800.1200.**

PROCAPS LABORATORIES
THE ONLY CHOICE OF PROFESSIONALS.

In 1979, Andrew Lessman founded a nutritional supplement manufacturing company committed to creating the world's only additive-free supplements to meet the exacting standards of medical, fitness and athletic professionals. More than 30 years later, **PROCAPS LABORATORIES** continues as the only alternative to the marginal quality and the additives typical of ordinary products. Today, we are proud to offer you the same products that have long been viewed as the only choice of informed professionals.

UNSURPASSED.

Purity. Quality. Integrity. Effectiveness.



Andrew Lessman
Founder of PROCAPS LABS

QUESTIONS? RE-ORDERS?
CALL 800.800.1200
WWW.PROCAPSLABS.COM



YOUR VITAMINS®

430 Parkson Road • Henderson, NV 89011

WOMEN'S LIFE Rx™

ELITE

HIGH POTENCY VITAMINS, MINERALS & ANTI-OXIDANTS

COQ10 • EGCG • ALA • RESVERATROL • POMEGRANATE

ALL NATURAL • ULTRA-MILD • ADDITIVE-FREE

GENTLE EVEN FOR SENSITIVE STOMACHS



60 Perma-Fresh Packets™ • 360 Easy-to-Swallow Capsules

WOMEN'S ELITE LIFE Rx is an ultra-high-potency member of **Andrew Lessman's Life Rx** family of multi-vitamin-mineral formulas, which are the only products of their kind containing *only* the nutrients listed on the label and *no binders, fillers, lubricants or other manufacturing additives of any kind*. **ELITE LIFE Rx** comes as an ultra-fine powder in small, easy-to-swallow capsules that are guaranteed gentle even to sensitive stomachs. **ELITE LIFE Rx** provides all the benefits you seek without the problems typically associated with a multi-vitamin.

WOMEN'S ELITE LIFE Rx is the world's first "**All Powder**" multi-vitamin-mineral to deliver high levels of Gamma Vitamin E, along with more than 42 other nutrients, including high potencies of all essential vitamins, minerals, carotenoids, phytonutrients and anti-oxidants. **ELITE LIFE Rx** provides 1,600 IU of Vitamin D3, along with high levels of the full B-Complex, including 2,000 mcg of Biotin and 500 mcg of our protected Vitamin B-12, plus 1,000 mg of non-acidic Vitamin C, along with the powerful protection of key carotenoids, including Lutein (4,000 mcg), Lycopene (4,000 mcg), as well as hard-to-find Zeaxanthin (2,000 mcg) and Astaxanthin (1,000 mcg). **Women's ELITE LIFE Rx** also delivers high levels of soluble forms of Calcium and Magnesium, along with 1,600 IU of Vitamin D3. Experts agree that the most protective form of Vitamin E is Gamma Tocopherol, yet virtually all multi-vitamins and Vitamin E formulas contain only the less protective Alpha Vitamin E. The presence of high levels of more protective Gamma Vitamin E makes **ELITE LIFE Rx** unique and now we do so in an ultramild **All Powder** formula.

ELITE LIFE Rx also provides **100 mg** each of five vital ingredients: **Coenzyme Q-10, Alpha Lipoic Acid, Resveratrol, EGCG** and **Pomegranate**.

Coenzyme Q-10 (CoQ10) – 100 mg. Generally the first ingredient added to any multi-vitamin, **CoQ10** is critical for all cellular energy production while also a powerfully protective anti-oxidant. It must be present at high concentrations in our hardest working organs (heart, brain, liver and kidneys). Proper levels are required for our most vital organs to function at their best. **CoQ10** levels decrease with age, stress, cholesterol-lowering drugs, poor diet and even physical activity.

Alpha Lipoic Acid (ALA) – 100 mg. Because it is uniquely both water and fat soluble, **ALA** is called the "Universal Anti-Oxidant." This unique solubility allows it to go virtually anywhere in your body protecting hard-to-reach tissues (brain and liver) from oxidative damage. Even more important is its role in the creation of our body's most powerful internal anti-oxidant – Glutathione. Like **CoQ10**, our levels of **ALA** decline further with age, stress and the use of certain medications.

Resveratrol – 100 mg. Currently the subject of the most exciting anti-aging research and only recently available in an ultra-high potency natural form. Our 100 mg potency is the equivalent of more than 200 glasses of Red Wine. **Resveratrol** is the ingredient behind the benefits of Red Wine and a vital part of the healthy Mediterranean diet. **Resveratrol** offers powerful protection to the tissues of the heart, brain and breast; however, it is **Resveratrol's** impact on the telomeres of our chromosomes that places it at the forefront of the latest anti-aging research.

Epigallocatechin Gallate (EGCG) – 100 mg. EGCG from Green Tea combines thousands of years of traditional use with decades of remarkably compelling research. EGCG enhances the activity of our body's most important internal anti-oxidants, including Glutathione. EGCG is also vital to our liver and therefore to our body's internal cleansing and detoxification systems, while also offering vital and powerful protection to the delicate tissues of our brain, heart, breast and skin.

Pomegranate (40% Ellagic Acid/ 40% Punicalagins) – 100 mg. Used for centuries as a folk remedy and referred to as the "sacred fruit," scientists have confirmed **Pomegranate's** unique protective benefits. Unfortunately, most Pomegranate products, including juices are not standardized to deliver any of its key beneficial compounds, whereas our **40:40 Complex** is standardized for both **Punicalagins** and **Ellagic Acid** assuring you all the benefits you seek from **Pomegranate** without the sugar and calories of Pomegranate Juice.

WOMEN'S ELITE LIFE Rx delivers all the nutrients you seek without employing difficult to digest tablets or oil-based capsules and instead comes as an ultra-mild, pure, additive-free powder in small, easy-to-swallow capsules. The ultra-fine, non-acidic powder in each capsule effectively delivers its benefits while also being gentle even to the most sensitive stomach. Unlike typical one-pill-per-day multi-vitamins that cannot deliver the levels a woman truly requires, **ELITE LIFE Rx** provides a comprehensive list of essential vitamins, minerals, carotenoids and phytonutrients at the potency levels respecting the scientific research and the needs of women.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, common allergens, color, flavor, sweetener or preservative.

CONTAINS NO ADDITIVES OF ANY KIND.

THE PERFECT PACKET.

The Perma-Fresh Purple Packet.
The Only Packet Worthy of
Our 100% Pure Products.

Our **Purple Packet** is our most advanced packet ever, offering even more protection than our original **Foil Packet**. To retain potency, vitamins must be protected from light, moisture and oxygen and the ordinary clear packets used with typical vitamins cannot do so. Our unique **Purple Packets** are constructed from multiple layers of specialized materials to safeguard your vitamins from damaging light, moisture and oxygen. For decades, our **Foil Packets** set the standard for vitamin protection and today, our **Perma-Fresh Purple Packet** takes that protection to the highest levels, giving your vitamins the special protection they deserve.

Supplement Facts Serving Size 1 Packet (6 Capsules)
Servings Per Container 60

Amount Per Serving		%DV*
Vitamin A (as alpha and beta carotene)	5,000 IU	100%
Vitamin C (as calcium ascorbate/ ascorbyl palmitate)	1 g (1,000 mg)	1667%
Vitamin D3 (as cholecalciferol)	1,600 IU	400%
Vitamin E (as total natural tocopherols)	300 mg	
as natural gamma tocopherol	200 mg	
as natural alpha tocopherol	120 IU (80 mg)	400%
as natural delta/beta tocopherol	20 mg	
Vitamin B1 (as thiamin hydrochloride)	25 mg	1667%
Vitamin B2 (as riboflavin)	25 mg	1471%
Niacin (as niacinamide/ chromium nicotinate)	25 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%
Biotin	2,000 mcg	667%
Pantothenic Acid (as calcium pantothenate)	25 mg	250%
Calcium (as ascorbate/ carbonate/ malate)	500 mg	50%
Magnesium (as magnesium oxide)	200 mg	50%
Zinc (as zinc citrate)	30 mg	200%
Selenium (as selenium-methionine complex)	200 mcg	286%
Copper (as copper citrate)	2 mg	100%
Manganese (as manganese citrate)	1 mg	50%
Chromium (as chromium nicotinate)	200 mcg	167%
Molybdenum (as molybdenum glycinate)	75 mcg	100%
Boron (as boron glycinate)	1,000 mcg	†
Vanadium (as vanadyl sulfate)	50 mcg	†
Silicon (as silicon dioxide)	5 mg	†
Lutein	4 mg (4,000 mcg)	†
Lycopene	4 mg (4,000 mcg)	†
Zeaxanthin	2 mg (2,000 mcg)	†
Astaxanthin	1 mg (1,000 mcg)	†
Alpha Lipoic Acid	100 mg	†
Coenzyme Q-10 (Natural Ubiquinone)	100 mg	†
Epigallocatechin Gallate (EGCG) (from standardized Green Tea Leaf Extract)	100 mg	†
Pomegranate, extract (fruit) (standardized to 40% Punicalagins/40% Ellagic Acid)	100 mg	†
Resveratrol (from <i>Polygonum cuspidatum</i> (root) extract)	100 mg	†
Branched Chain Amino Acids (Leucine, Valine)	50 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established. Other ingredients: Gelatin capsule.