

32
SERVINGS

25g
PROTEIN
PER SERVING

100
CALORIES
PER SERVING

0g
CARBS
PER SERVING

WHAT FUELS

YOUR

BATTLE

- Lactose Free
- Simple Ingredients
- Gluten Free
- Sugar Free
- 25g Protein Per Serving
- Sweetened with Stevia
- No Artificial Sweeteners
- 0g Carbs

DIRECTIONS: Add one level scoop to 6-8oz. of water or your favorite beverage. Shake well in a shaker bottle until dissolved or blend.

HOW TO USE: Pro-Whey is the perfect protein supplement and can be added to your diet in any of the following situations:

- **To "Balance" Any Meal** - For instance, many of us eat cereal for breakfast. Most cereals are primarily carbohydrates. By adding a Pro-Whey shake, you suddenly have made your breakfast more balanced and complete.
- **Right After Workouts** - Your body goes into recovery mode in which protein and the associated amino acids are vital.
- **In-Between Meals** - Pro-Whey stabilizes blood sugar levels which reduces cravings, boosts metabolism, and maintains high energy levels.
- **Before You Go To Sleep** - Taking Pro-Whey before bedtime helps prevent the protein breakdown that naturally occurs when we sleep. If muscle gain and/or recovery are your goal, then this is a crucial time to be sure your body has the protein it needs.

Trusted Pharmaceutical Grade Products
Power Blendz Certified Ingredients are more than just supplements and flavors. All our products have been formulated specifically for taste, texture, and nutrition to deliver the best tasting and highest quality products. 100% FREE of banned substances. Manufactured in a certified drug free facility.

CAUTION: Pregnant or nursing mothers, children under 18 years of age, or anyone with a known medical condition should consult a physician before use. This product is intended to supplement the diet with additional protein and should not be used as a meal replacement. Not for use as part of a weight loss program without the direct supervision of a healthcare professional. Excessive protein intake may result in impaired kidney function.



FORMULATED IN THE USA

Manufactured for:
Power Blendz



POWER BLENDZ®
The Fitness Fuel™

v09-22



100% WHEY PROTEIN ISOLATE

POWER BLENDZ®
The Fitness Fuel™

PRO-WHEY





VANILLA

DIETARY SUPPLEMENT
NET WT 32 OZ (2 LB) 908 GRAMS

TYPICAL AMINO ACID PROFILE	
	Amount/Serving
L-Alanine	1,240 mg
L-Arginine	566 mg
L-Aspartic Acid	2,616 mg
L-Cystine	701 mg
L-Glutamic Acid	4,611 mg
L-Glycine	431 mg
L-Histidine Δ	404 mg
L-Isoleucine ΔΔ	1,510 mg
L-Leucine ΔΔ	2,616 mg
L-Lysine Δ	2,616 mg
L-Methionine Δ	539 mg
L-Phenylalanine	782 mg
L-Proline	1,483 mg
L-Serine	998 mg
L-Tyrosine	728 mg
L-Tryptophan ΔΔΔ	431 mg
L-Threonine Δ	1,645 mg
L-Valine ΔΔ	1,240 mg

Δ Essential Amino Acids
ΔΔ BCAA's
ΔΔΔ The L-Tryptophan indicated is from naturally occurring sources of protein

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. PROTECT FROM HEAT, LIGHT & MOISTURE. STORE IN A COOL, DRY PLACE AT 15-30°C or 59-86°F.



Supplement Facts		
Serving Size 28.4 Grams (1 scoop)		
Servings Per Container: about 32		
Amount Per Serving	%Daily Value †	
Calories	100 g	
Calories from Fat	0 g	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	**
Cholesterol	1 mg	0%
Sodium	41 mg	2%
Potassium	83 mg	2%
Total Carbohydrate	0 g	0%
Dietary Fiber	0 g	0%
Sugars	0 g	**
Protein	25 g	50%
Vitamin A		0%
Vitamin C		40%
Calcium		25%
Iron		0%
Phosphorous		6%

† Percent Daily Values are based on a 2,000 calorie diet.
** Percent Daily Value not established.

INGREDIENTS: Non-GMO Cold Processed Ultra Micro-Filtered Whey Isolate, Natural Flavors, Xanthan Gum, Stevia.

This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish, and may contain traces of all of the above. Contains milk and sunflower lecithin.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.