

MAXXUM™

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Hypoallergenic Formulation
of Vitamins and Minerals
with Antioxidant Complex

 **KARUNA®**
RESPONSIBLE NUTRITION™

180 vegetarian capsules
Dietary Supplement

Supplement Facts

Serving Size 6 Capsules

Servings per Container 30

Amount per serving:		%DV
Vitamin A (natural beta-carotene)	20,000 IU	400%
Vitamin C (ascorbic acid)	1,000 mg	1,667%
Vitamin D3 (cholecalciferol)	1,000 IU	250%
Vitamin E (d-alpha tocopherol succinate)	400 IU	1,333%
Vitamin K1 (phyloquinone)	120 mcg	150%
Vitamin B1 (thiamine)	50 mg	3,333%
Vitamin B2 (riboflavin)	50 mg	2,941%
Vitamin B3 (niacinamide)	100 mg	500%
Vitamin B6 (pyridoxine HCl)	100 mg	5,000%
Folic Acid	800 mcg	200%
Vitamin B12 (methylcobalamin)	450 mcg	7,500%
Biotin (d-biotin)	400 mcg	133%
Vitamin B5 (d-calcium pantothenate)	300 mg	3,000%
Calcium (citrate/malate)	300 mg	30%
Iodine (potassium iodide) [kelp source]	75 mcg	50%
Magnesium (aspartate)	300 mg	75%
Zinc (amino acid chelate)	15 mg	100%
Selenium (L-selenomethionine)*	200 mcg	266%
Copper (amino acid chelate)	1.5 mg	75%

Produced by Karuna Corporation
42 Digital Drive #7, Novato, CA 94949

Amount per serving:		%DV
Manganese (amino acid chelate)	5 mg	250%
Chromium (amino acid chelate)*	200 mcg	167%
Molybdenum (amino acid chelate)	50 mcg	67%
Alpha-carotene	4,750 IU	†
Mixed Citrus Bioflavonoids	200 mg	†
Choline (bitartrate)	50 mg	†
Lutein	5 mg	†
Lycopene	5 mg	†
Boron (citrate)	1 mg	†
Zeaxanthin	246 mcg	†
Cryptoxanthin	8 mcg	†

† Daily Value (DV) not established

*non-yeast form

Other ingredients: vegetarian capsule, vegetable stearate, cellulose

Suggested use for adults: 6 capsules daily, taken with meals, or as directed by your health care practitioner.

This product contains no yeast, wheat, soy, milk, salt, sugar, artificial coloring, preservatives or flavoring.

Keep in a cool, dry place, tightly capped.

