

Suggested Use:

Children 3 yrs: 1 mL at night as needed
Children 4-11 yrs: 2 mL at night as needed
Teens 12+ yrs: 3 mL at night as needed

- Shake well.
- Store in a cool dry place.

 **ChildLife® Sleep Essential** is a blend of all-natural herbal ingredients including ETAS® *Asparagus officinalis* Extract, Lemon Balm, Passion Flower, Valerian Root, and Suntheanine® (L-theanine), that help relax your child's body and calm their mind for a restful, peaceful night's sleep.* Tasty and convenient liquid formula.

ChildLife® uses only the highest quality ingredients. Gluten-free and casein-free. Contains no milk, eggs, soy, wheat, yeast, or corn. No artificial colors, flavors, or sweeteners.

Keep out of reach of children. Tamper Resistant.
Do not use if outer safety seal is broken or missing.

Suntheanine® is a registered trademark of Taiyo International, Inc.
ETAS® is a registered trademark of Amino Up Co., Ltd., JAPAN
ETAS®: a standardized extract of *Asparagus officinalis* stem

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition for Kids!® CHILD LIFE ESSENTIALS



Natural Berry Flavor with Other Natural Flavors

*All Natural Sleep Support**

Dietary Supplement

2 fl. oz. (59 mL)

Supplement Facts

Serving Size: 1 mL; 2 mL; 3 mL

Servings Per Container: About 59; 30; 20

Amount Per Serving	% DV Children 3 yrs (1 mL)	% DV Children 4-11 yrs (2 mL)	% DV Teens 12+ yrs (3 mL)
Calories	0	5	10
Total Carbohydrate	<1 g <1%***	1 g <1%**	2 g 1%**
Total Sugars	0 g †	0 g †	0 g †
Includes Added Sugars	0 g 0%***	0 g 0%**	0 g 0%**
Proprietary Blend:	140 mg †	280 mg †	420 mg †
Lemon Balm (<i>Melissa officinalis</i>) (aerial parts)			
Passionflower (<i>Passiflora incarnata</i>) (aerial parts)			
Valerian (<i>Valeriana officinalis</i>) (root)			
Suntheanine® (L-Theanine)	50 mg †	100 mg †	150 mg †
ETAS® (<i>Asparagus officinalis</i> Stem Extract)	25 mg †	50 mg †	75 mg †

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

*** Percent Daily Values are based on a 1,000 calorie diet.

† Daily Value not established.

Other Ingredients: Vegetable Glycerin, Purified Water, Natural Flavors, Steviol Glycosides.

Manufactured for **CHILD LIFE®**

Los Angeles, CA 90245 U.S.A.

Tel: (800) 993-0332 childlifenutrition.com

Suntheanine®
Relax. Focus. Revive.



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